

Announcements

Announcements, not to exceed 150 words, are to be submitted to bulletin@stmarks.net by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

To view the parish calendar online, go to our homepage stmarks.net and choose "Calendar" at the top of the page.

From the Rector

1. Please Join Michele for a fifty minute Rector's forum, partially a check in, partially Michele checking with everyone, and a chance to see each other's faces, Next one is on Wednesday, July 15th. (one week from this Sunday) We are gathering on Zoom and the link is [HERE!](#)

PBS Series

Recommend series from our friend Rita Ossolinski, who says, It is eye opening. I first saw it a year and a half ago when I started my new job. We use the entire third segment (*The House We Live In*) in our entry level training sessions with elected officials. It dives deep into both the concept of race as a sociopolitical/power construct and the impact of systems (policies and procedures) like redlining that created a long legacy of disparity. Every time I watch another seed gets planted in my brain." This is a good primer for helping to learn about what you might not know. [You can rent them here for \\$4.99](#)
John Lewis Documentary on Sunday July 5th.

Here is your chance to [order the movie](#). The tickets are \$12.00 and you have 72 hours to watch the film. The link above will send \$5.00 back to St. Marks and we will send it to one of our partners through the outreach program. It is a great documentary and you can have your household watch it for \$12.00.

Outreach

2. Good Neighbors Capitol Hill: Our St. Mark's community has been an integral part of GNCH helping Afghan refugees in Maryland. Most of the 40 refugee families GNCH has connected with as tutors and employment mentors have been under employed, but now 89% are unemployed and joining the

millions seeking government benefits. GNCH has purchased \$4000 worth of gift cards for the families needs.

You can help to increase our ongoing “relief fund” by sending a check to Lutheran Church of the Reformation with GNCH refugees on the notation line (LCOR manages our designated giving account). You can also visit the online donation portal at www.reformationdc.org and designate gifts for “Refugee resettlement.” All funds so designated will go directly to support for refugees. Please indicate you are a St. Marks parishioner as we want to thank you personally. Questions can be directed to karen.getman@gmail.com.

Parish Life

3. News from Lichfield: Pat Empsall sent a long report on life during the pandemic for our sister congregations/friends. If you would like to read her news, please contact Doris Burton, Link Rep, at dmburton21@gmail.com and she will send it. We haven't forgotten one another!

4. Free Yoga Classes from St. Mark's Yoga Center. Our experienced teachers are guiding free classes via Zoom in service to our congregation and community. Schedule is at stmarks.net/yoga. **Special Chair Yoga class on Thursdays. Yoga Nidra (Deep Relaxation) on Sunday evenings May 17 & 24.**

Worship

5. Lichfield Cathedral streaming: You may have noted that Tony Barnard, former Canon Theologian at Lichfield and long-time friend of St. Mark's, often joins our Sunday service. If you would like to see the service at Lichfield, you can access it at:

You Tube:

<https://www.youtube.com/channel/UCG19BuYIzGFS7lTZ9gbmNsw/>

Facebook: <https://www.facebook.com/LichfieldCathedral/>

Cathedral Website:

<https://www.lichfield-cathedral.org/what-s-on/join-us-on-sunday?fbclid=IwAR0Z5Wydf0cxIwyxyR-GohlImOsOe7xftsFmZgvzc-WnkG1XIE9MyJoccWQ>

Music & Arts

6. Virtual Music Lessons are available through the St. Mark's Music Studio: Diane Atherton (dianesvoicestudio@gmail.com) offers voice lessons, and

Stephanie Ng (stephanien217@gmail.com) teaches piano lessons. Students of all ages and experience are welcome. Learn more about our teachers at stmarks.net/music.

Youth and Family Ministries

7. [Check out this week's Youth E-News](#) for activities to do this week,

8. **Bible Storytime Podcast.** Join Caleb and the St. Mark's Sunday School team for a 5 minute daily podcast! We'll have some music, read a bible story, and say a prayer. - [Sign up to receive the next episode!](#)

8. **Growing with God.** Calling the young and young at heart! Join Michele and Caleb in this new video series. Each week we will read the Sunday gospel lesson, talk about it and pray together.

<https://www.facebook.com/wearestmarks/videos/257388102272076/>

Christian Education

9. [Online] **Waking Up White Zoom Book Group June 10th - July 29th, 2020 (6:30 – 8:30 pm)** In light of the righteous protests and demonstrations all over the country as a result of the murder of George Floyd in Minneapolis and of so many others unjustly killed because their skin was the wrong color, we as people of faith are called to be in solidarity. We are called to be angry and to express our indignation at so much evil inflicted over the course of hundreds of years of social and racial injustice. Our society is sick, and this has become even more painfully clear these past months. This terrible sickness became much worse under the global pandemic that exacerbated the systemic injustice against people of color and other minorities.

Therefore, we need to educate ourselves, to have an honest dialogue about race, and to engage in a journey of self-discovery and transformation. To this end, we'll spend eight weeks (on Wednesday evenings from 6:30 to 8:30pm), from June 10th through July 29th, discussing the book "Waking Up White, and Finding Myself in the Story of Race", by Debby Irving, a racial justice educator and writer. The class will take place via Zoom. For questions and a link please contact: The Rev. Patricia Catalano, adjunct@stmarks.net.

10. [Online] Centering Prayer. Everyday on Zoom at 8:00am. Centering Prayer is an early Christian contemplative practice that places a strong emphasis on interior silence. For more information or to join the group, contact The Rev. Patricia Catalano at adjunct@stmarks.net

**11. [Online] St. Mark's Mediation Center: Meditation, Mondays
7:30-9:00pm**

Contact: Collie Agle, (202) 255-2687 or Charles.agle@gmail.com.
[Sign up for the weekly program email](#) to receive info on weekly online meetings

12. [Online] Wednesday Drop-in Class: The Wednesday Bible Class invites you to drop in for an hour of Bible study, lunch, and fellowship. We will read and discuss a standalone portion of the Bible or whatever comes up. No reservations or advance reading required. Date & Time: Wednesdays from noon to 1 pm through August 26th. Coordinator: Raiford Gaffney at rgaffneydc@gmail.com or 2024605415.
Location: Zoom <http://stmarks.net/bibleclass/>

13 We need Your Input: The Christian Ed co-leaders are in the process of **planning the Christian Ed calendar for next year** – September 2020 to June 2021 – keeping the uncertainty of COVID-19 in mind. If you have ideas of classes you would like offered, either in person or by Zoom, please reach out to Susan Thompson or Greg Niblett with your ideas. In person classes will obviously depend on ability to meet in groups when those decisions are made down the road.

You can reach them by email or by phone: Susan Thompson: susanlynnthompson@gmail.com; 703-329-9797; Greg Niblett: greg.niblett@mtctrains.com; 202-297-8859.