



WELCOME TO
ST. MARK'S EPISCOPAL CHURCH
+
CAPITOL HILL

ST. MARK'S MISSION STATEMENT

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

THE TWENTIETH SUNDAY AFTER PENTECOST

OCTOBER 2, 2016

5:00 PM CONTEMPLATIVE EUCHARIST +
BLESSING OF THE ANIMALS +
LAYING ON OF HANDS

Presider & Homilist
The Reverend Michele H. Morgan

Cell Phones – Please turn off your cell phone or other electronic devices at any time you are in the Nave.
Hearing – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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Childcare: the Nursery is open! Children up to age 3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, which will be the last room on your right.

The Parish Calendar is Online at www.stmarks.net/calendar/month.

Restrooms and water fountains are available in the foyer and on the lower level.

Lost & Found is managed by our new maintenance contractor PMM. Please contact the PMM On-Site Team (202-695-9433) to see if your item has been found or to turn in an item you've found.

SEPTEMBER 25, 2016

Attendance: 230

Pledge & Plate collection: \$6968.90



The Honduras Cross, above the central altar platform, symbolizes St. Mark's connection with the broader Anglican Communion and our obligations to our sisters and brothers around the world, particularly with our sister congregations in the San Marcos Cluster in Honduras. Eileen Blumenthal and the 2000 Mission to Honduras designed the cross, and Eileen commissioned its construction in Honduras as a gift to St. Mark's community .



SUNDAY WORSHIP SCHEDULE

9:00 am Holy Eucharist (*Family Eucharist is celebrated the second Sunday of most months*)
9:00 am Children's Chapel (*not offered when Family Eucharist is celebrated at 9:00 am*)
10:00 am Sermon Seminar
11:15 am Holy Eucharist
5:00 pm Contemplative Eucharist

We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.

THE LITURGY OF THE WORD

Opening Sentences

Presider The new day reveals itself in every moment, and by the grace of God all things are made possible. Come, let us give thanks.

People We give thanks to you, blessed, mysterious Life-giver, for one more day to experience the miracle of creation. With every word, we affirm your transforming love for each of us, and we give thanks.

The Collect

Presider God be with you.

All And also with you.

Presider Let us pray.

All All-seeing God, grant us grace to set aside the consuming of our world, that we might follow the way of blessed Francis. That for the love of the creation we may delight in your whole world, take responsibility for our failures and work to change how we live. Amen.

The Reading Genesis 2:18-24

The Lord God said, "It is not good that the man should be alone; I will make him a helper as his partner." So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, "This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken." Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh.

Reader Let us hear what the Spirit says to us.

People Thanks be to God.

A period of silence is observed

The Holy Gospel Matthew 6:25-33

Gospeller The Gospel of Jesus according to Mark.

People Glory to you, O Christ.

Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God* and his* righteousness, and all these things will be given to you as well.

Gospeller The Gospel of Jesus.

People Praise to you, O Christ.

The Homily

The Reverend Michele H. Morgan

A period of silence is observed

An Affirmation

Presider Let us affirm our faith together:

People We believe in God the Creator,

By whom every person in heaven and on earth is named.

We believe in God the Son,

who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit,

who strengthens us with power from on high.

We believe in one God: Creator, Redeemer, and Sustainer. Amen.

Prayers of the People

Leader For the beauty of the earth, let us pray, saying,

People Thanks be to God!

Leader For boundless sky, suns and moons, and stars of night, for depth of sea, ocean's roar and tides, let us pray, saying,

People Thanks be to God!

Leader For breathtaking mount and vale, breath-giving tree and flower, and bountiful creatures that walk and swim and fly, let us pray, saying,

People Thanks be to God!

Leader For the breadth of the hours, day and night, the gift of time to live and to love, let us pray, saying,

People Thanks be to God!

Leader For the blessing of physical sense and inspiration of soul to perceive and receive the world around, let us pray, saying,

People Thanks be to God!

Leader For those who have died, especially Terence Crutcher, Keith Lamont Scott, and all black lives lost simply for being black.

People Help us to build and nurture a beloved community.

Leader We invite all to offer prayers of petition, intercession, or thanksgiving silently or if aloud, ending with "This is my prayer," to which all will respond, "**Amen.**"

A time for individual prayers is observed.

Leader Together, let us pray,

All With spoken words and with the silent language of our hearts, we offer our prayers in gratitude to you, our God, trusting that by your love you hear us and that by your Spirit you strengthen us to do our faithful part to effect all that we ask and desire. Amen.

Those with photos of pets or animals, or whose pets are here today, are invited to gather around the altar for the Blessing of the Animals at this time.

The Blessing of Animals

Presider O gracious God, through your Spirit-breath, you give life to all things, galaxies, stars, planets in their courses, humankind and, with us, the animals that inhabit earth, sea, and sky, many with whom we share our life-pilgrimage, taking part in our ways, blessing us with their presence, granting us the opportunity to render kindly service and care. Your servant, our friend, Francis of Assisi, recognized this kinship when he called the animals, both wild and tame, "brothers and sisters." Remembering Francis' love for them, we invoke your blessing, O God, upon our animal friends.

Fellow creatures, companions on our earthly journey: May God, your Creator and Preserver, bless and keep you, this day and always.

All Amen.

*Individual Animal Blessings will be offered in the Courtyard Garden (A Street) following the service.
In the event of rain, this will take place in the Elders' Room.*

The Peace

Presider The peace of God be always with you.
People **And also with you.**

All, one with another, exchange a sign of peace.

Welcome

Announcements

Clergy Greeting

THE LITURGY OF THE TABLE

Eucharistic Prayer

Presider The Lord be with you.
People **And also with you.**

Presider Lift up your hearts.
People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Presider God of all power, Ruler of the Universe, you are worthy of glory and praise.
People **Glory to you for ever and ever.**

Presider At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People **By your will they were created and have their being.**

Presider From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People **Have mercy, Lord, for we are sinners in your sight.**

Presider Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People **By his blood, he reconciled us.
By his wounds, we are healed.**

Presider And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

All **Holy, Holy, Holy Lord,
God of power and might.
Heaven and earth are filled with your glory.
Hosanna in the highest.
Blessed is one who comes in the name of the Lord.
Hosanna in the highest.**

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People **We celebrate his death and resurrection,
as we await the day of his coming.**

Presider Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People **Risen Lord, be known to us in the breaking of the Bread.**

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

People **Amen.**

The Lord's Prayer

Presider And now, as our Savior Jesus taught us, we pray:

People **Our Father, who art in heaven, hallowed be thy Name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
as we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory forever and ever.
Amen.**

The Breaking of the Bread

Presider This bread of life is broken to be shared with us and, through us, with all.

All In thanksgiving, we open our hands to receive it that we may open our hearts in union with all the earth in service to others.

The Invitation to Communion

Presider We, St. Mark's, recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all.

Therefore whoever we are, from wherever we have come, and whatever we believe,

People All are welcome and invited to receive. Amen!

The Communion

Post-Communion Prayer

Presider Together, let us pray.

All Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

The Blessing

Presider Life is short, and we have but little time to gladden the hearts of those who make the journey with us. So be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and forever.

All Amen.

Dismissal

Presider Go into the world and know how much a tired and hurting world needs your strength and gladness, for there are deeds of compassion and courage that will never be done unless you do them; and words of hope and healing that will never be spoken unless you speak them. And now let us go forth into the world in peace, to love and serve the Lord.

People Thanks be to God.

Liturgy Request

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

Liturgy Source

Opening Sentences, Enriching Our Worship; Collect, Book of Common Prayer; Prayers of the People, The Wideness of God's Mercy: Litanies to Enlarge Our Prayer; Eucharistic Prayer, Book of Common Prayer and Evangelical Lutheran Worship ; Blessing, based on the words of Henri Frederic Amiel; Dismissal, Episcopal Relief and Development.

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Following the service please join us for Holy Happy Hour, at which we share conversation, food, & drink.

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Liturgical Leadership
Katherine Anderson, Verger

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PARISH PRAYER LIST

Gladys Anderson (*Matt Patton's grandmother*) • Grace Aspinall • Federica Barrow •
Pamela Blumgart • Janice Brown • Lynda Bugge •
Sylvie Kalas Braddock (*Barbara Nelson's granddaughter*) •
Anne Carter (*Justi Schunior's mother*) • Joya Cox • Deborah Cunningham •
Andrew Earnest (*Lynda Bugge's grandson*) •
Taylor Emerson (*Randy Marks' niece*) • Dave Haglund • Celia Hahn • Rick Hayes •
Alice Kistler (*Kathryn Powers' sister*) • Dennis Lewis • Elizabeth Long •
Lilly March • Nat Marks • Lila Marks •
Lina Marks (*Randy Marks' mother*) • Barbara Nelson •
Leslie F. Nickerson (*Frank Nickerson's father and Amelia Nickerson's grandfather*) •
Randell Prothro • Marilyn Stiles • Arnold Taylor • Eleanor Whitman •

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THOSE OF OUR PARISH SERVING IN THE MILITARY:

Vincent Alcazar (*Parishioner*)
Clint Billings (*son of Kevin Billings and Mary Louise Wagner*)
P. J. Boehm (*brother of Rachel Boehm*)
Stephen Dannenmaier (*brother and brother-in-law of Bill and Molly Dannenmaier*)
Jason Earnest (*son of Erika Bugge, grandson of Lynda Smith-Bugge*)
Kurt Hansen (*nephew of Brock and Penny Hansen*)
Weston Zarek (*son of Tom Zarek*)

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CYCLE OF PRAYER

IN THE DIOCESE OF WASHINGTON:

St. Francis Church

Pray for All Animal Rescue Leagues in the Diocese, for human treatment of all of God's creatures, especially companion, rescue, and service animals.

Remember and pray for all Jewish people during the holy days of Rosh Hashanah (October 2-4) and Yom Kippur (October 11-13)

IN THE ANGLICAN COMMUNION:

Pray for The Church of the Province of West Africa
The Most Reverend Dr. Daniel Sarfo
Primate & Metropolitan, CPWA, Archbishop of the
Internal Povince of Ghana and Bishop of Kumasi

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ANNOUNCEMENTS

Announcements, not to exceed 150 words, are to be submitted to diana.church@stmarks.net by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

Official Parish Calendar online at: <http://www.stmarks.net/connect/calendar/>

From the Vestry & Parish Leadership

1) 2017 Canvass: The first phase of our 2017 Canvass *Make the Connection* has begun!. Our stalwart canvassers (MANY THANKS to you all) have been calling members to check in and get feedback on how things are going, learn about any special concerns, and pass along the information as appropriate. Now we are about to move into Phase 2, the actual Canvass, with the theme of *Be. Belong. Give*. Starting on October 9, we will have town hall meetings, Gospel articles, sermons, and Canvass Moments during every service. Of course, the canvassers will be making contact again with local members to arrange for times to meet and talk about St. Mark's in the context of the canvass theme. If you have any questions, make contact with Nora Howell at nora.howell.va@gmail.com

Worship

2) 11:15 Bread Rota: October Dates Available: For the 11:15 service, we have volunteers through October 9. That leaves 10/16, 10/23 and 10/30. Any takers? Remember, as of now, we are requesting only bread. Sign up online at <http://www.signupgenius.com/go/20f0949acac29a6fe3-bread>. If that is too complicated to manage, please email Cecilie Jones at cecbill@mac.com and or call on our home phone: 202-479-4656.

Christian Education

3) ONGOING BIBLE STUDY. These groups meet weekly and are open to newcomers.

Marching Through the Bible: Gospel of Mark, Sundays, 10:00-11:00 am, Penniman Room
Wednesday Morning Bible Study, 11:00 am-12:15 pm; brown bag lunch follows, Elders' Room
Thursday Night Bible Study, 7:30-9:00 pm, Dozier Library

4) INTRODUCTION TO LIFE AT ST. MARK'S. Three sessions from 12:30-2:00, **Sundays**, every other month. Dates: Nov. 6, 13, 20; Jan. 8, 15, 22; March 5, 12, 19, May 7, 14, 21. Opportunities to formally join St. Mark's congregation during a liturgy are on Nov. 27, Jan. 29, March 26, and May 28. Leaders: The Rev. Michele Morgan and Youth and Family Director Caroline McReynolds-Adams. In the Dozier Library.

5) FALL BAPTISM COURSE FOR PARENTS: This course is designed for parents who wish to present their child for baptism. It is led as a facilitated discussion for parents to explore parenting issues posed by the Liturgy of Baptism. It is offered in the fall and spring. While taking the course, parents may choose a baptism date and select the service at which they wish their child to be baptized. (Upcoming baptism dates: Nov. 6, Jan. 8, April 23 & June 4.) PARENTS' COURSE - WHEN & WHERE: October 16, 23, 30, Sundays, from 10:00 a.m. - 12:00 noon in the Dozier Library. A \$25 contribution is requested per family. Please contact course leaders Leslie Allen, Leslie.Allen@usdoj.gov or Doug Ammon, dca@sent.com to sign up.

BAPTISM DATES: Nov. 6, Jan. 8, April 23 and June 4. Same day rehearsals for parents and godparents before the service.

6) CATECHESIS: Have you ever wondered what goes on in the Catechesis classrooms? Wanted to give back to St. Mark's by teaching Sunday School? Hoping to connect more closely with St. Mark's youth? We are looking for a few good volunteers to help teach. Catechesis runs from late September through May each year. Training is provided. If you'd prefer to try a couple classes before committing to the full year, that's ok too - we welcome any participation! All teachers will need to complete the "Safeguarding God's Children" class. Please contact Kris Humphrey (kristenjhumphrey@gmail.com) or Nora Howell (nora.howell.va@gmail.com) for more information.

7) THE BELONGING CLASS: Religion can be understood as making sense out of our existence, or sense out of what appears to be inexplicable. The Belonging Class is a facilitated discussion about our experiences. We start with our own experience of how we function in our daily lives and examine our responses to key life issues with others in our class. With an emphasis on authenticity and curiosity, we share our spiritual journeys and consider how our stories are reflected in the Christian story. We explore the ways in which we seek and sometimes fail to connect to ourselves, others, and God. Newcomers are encouraged to attend. The class is open to all. Tuesdays Oct. 4 - Dec. 6, 7:30-9:30 p.m. excluding Nov. 22 before Thanksgiving, plus 2 integral retreat Weekends: Oct 14-16 (Friday evening - Sunday mid-day) at Claggett Retreat Center in Adamstown, MD and December 2-4 at Roslyn Retreat Center, Richmond, VA. The weekend retreats are required as an integral part of the class experience. We will try to facilitate child-care options. Leaders: The Please contact leaders The Rev. Michele Morgan, michele.morgan@stmarks.net, Matt Osso-linski, ossoarch@gmail.com, Jennifer Dalzell, dalzells4@msn.com with questions or to sign up. Fee: \$250.

8) MARCHING THROUGH THE BIBLE: The Gospel of Mark. This weekly class meets at 10a.m. in the Penniman Room. The Jesus stories in Mark, our Patron Saint, are the oldest in the New Testament, and reflect the struggles in the early Christian community during the first Jewish revolt against Rome (66-74 A.D.). The stories are pithy, direct, and challenging, with Jesus's sidekicks (the disciples) behaving very much like us! The course consists of class discussion of the Mark text assigned for that day. Regular attendance is encouraged. Additional outside readings are not expected. "Marching Through the Bible" is named in memory of our long-time convener, Francis "Buzz" March. Fee: \$25 per semester. Convener: Bob Ewald.

Music & Arts

9) St. Mark's Players present *Peter and the Starcatcher* starring our own Maggie Dalzell! Performances run from October 7 through October 22. To learn exact dates and times and to order tickets, check the St. Mark's Players' website or the program posted in the foyer.

10) More theatrical opportunities: Auditions for St. Mark's Players' winter production, *Recent Tragic Events*, will be held October 10, 11, and 12 from 6pm-10 pm. See the St. Mark's Players website for further details and audition requirements.

11) MUSIC LESSONS. The St. Mark's Music Studio offers voice lessons with Kellie McHugh (kellie.mchugh.81@gmail.com) and Adam Caughey (adamcaughey@gmail.com) and piano lessons with Jeff Kempeskie (jeff.kempeskie@stmarks.net). Students of all ages and levels of experience are welcome.

12) DO YOU LIKE TO SING OR PLAY AN INSTRUMENT? If so, we want to know! Singers of all voice parts are needed in the Chancel Choir (regular Thursday 7:30-9:30 pm rehearsals in the nave resume Sep. 1). Teens are invited to sing with the Teen Choir and children are invited to sing with the Boys & Girls Choir (both rehearse Sundays, 11-11:45 in the Music Studio & Elders' Room, respectively, starting Sep. 10). No prior experience necessary. There are also opportunities to play solo instrumental pieces year-round. Please contact jeff.kempeskie@stmarks.net.

Outreach

13) DIAPER DRIVE: It's time for our second annual diaper drive to support the DC Diaper Bank! During the month of October, bring in diapers of any size (including adult diapers - packages CAN be open), or other unopened and unexpired baby products, like wipes, cream, formula, etc. Donations can be placed near the sign in the baptismal font area. NEW THIS YEAR we're putting together a group to volunteer at the Diaper Bank warehouse - we'll find a date sometime in early or mid-November. Contact Marika Klein at marikaklein@gwu.edu with questions or to find out more about volunteering. Last year we collected just over 4,000 diapers - let's set a new record this year!

14) The Middle East Working Group announces "The 2017 St. Mark's Pilgrimage to the Holy Land". Planning has begun for travel in mid-October 2017 with 8 day or a 12 – 14 day options. Once again, MEJDI Tours will provide travel support for a multi-narrative encounter with people and places.. The historical holy sites of our own Christian faith and other Abrahamic religions (Islam and Judaism) are a highlight of the pilgrimage. But differing from traditional Holy Land trips, our itinerary will include meetings with individuals whose work for peace and justice are beacons of light in a troubled land. **Interested.... want to know more?** Add your name to the sign up sheet in the foyer or contact Tom and Karen Getman at karen.getman@gmail.com **and we will contact you with preliminary itineraries, costs, and a registration of intent.**

15) A SOUP KITCHEN THANK YOU! Special thanks to our sandwich making volunteers, who last Sunday prepared 200 sandwiches for needy persons in our area! We greatly appreciate the efforts of Kathy Tatko, Valeri Byrd, Rev. Michele Morgan, Tom and Kathleen Grant, Margaret Crenshaw, Michael Borofsky, Matt and Lindsey-Jones Renaud, and Michele Strange, who helped Soup Kitchen Co-Manager Alix Pereira with this important program. The sandwiches were delivered that evening to Sunday Suppers in downtown DC.

16) William Penn House 50th Anniversary Open House, Saturday, Oct. 8th from 1-3pm. Join us for food, fun, and fellowship to celebrate 50 years of Quaker service on Capitol Hill. Learn about our rich history of peace education, volunteer workcamps and activism since 1966. Enjoy free hotdogs, lemonade, kids activities and meet William Penn and Lucretia Mott in person! 515 E. Capitol St. SE. Families, individuals, and groups of all ages are welcome. Visit williampennhouse.org or call (202) 543-5560 for more details.

17) TODAY! Salvation Army Grate Patrol – Please join us in the Rector's Room after the 10am sermon seminar to make 200 bagged meals for the Salvation Army's Grate Patrol van to distribute Sunday evening. Future Sundays for your planning purposes are 10/23 and 11/27.

18) Refugee Resettlement: What's happening? The Housing Committee members from Lutheran Church of the Reformation and Capitol Hill Methodist are at work finding appropriate housing in preparation for the arrival of a family. At St. Mark's, we are awaiting specific info about what will be needed. When the alert comes, we will need to move quickly. In the meantime, we will continue to add people to a volunteer list and ask you to consider an area in which you have interest or expertise.

Employment

Finance

Food and Clothing

Housing and Furnishings

Transportation

Language tutoring

Please contact Karen Getman karen.getman@gmail.com, Maureen Shea mtshea@aol.com, or Mandy Paust paustak@gmail.com and we will put you on the "interested volunteer" list.

19) VOLUNTEERS TO PROVIDE LUNCH TO CHGM's MONDAY PARENTING CLASS THIS FALL. Sign up to deliver 10 simple sandwich and fruit lunches for Capitol Hill Group Ministry's clients who participate in this class led by CHGM's mental health wellness coordinator. You would deliver the lunches between 8 and 11 to Shirley's Place at 1338 G ST SE. These lunches provide the catalyst for building trust needed for clients to open up to addressing hard issues. More information and signup for the Fall series is at <http://tinyurl.com/CHGMLunches>. Contact Susan Sedgewick (jssedgewick@gmail.com) if you have question and/or need help in participating in this ministry .

Parish Life

20) Boo! Don't Miss the St. Mark's Saints & Sinners Halloween Costume Dance. Tickets are now on sale for our annual Halloween event on Friday, October 28 in St. Mark's Nave from 6:30-10:30pm. Plan your best costume! Great for all ages. Children's activities. Music by *Cheek-to-Cheek Band*. Food. Fun. ADULT - \$20 following services/\$22 adult online; CHILD/YOUNG ADULT (5-18)- \$10 following services/\$12 young adult online <http://bit.ly/2coNliu>. CHILD (infant to under 5) \$5 and preregistration required by Sunday, October 23. <http://bit.ly/2c8Ht1S>. NOTE: To help us defray costs, each adult is asked to bring a beverage to share (beer, wine and/or soft drinks)

21) Columbarium News: The vestry recently voted to raise the price for St. Mark's columbarium niches from \$1200 to \$1500, effective January 1, 2017. The change was based on an analysis of the prices now being charged at other churches in our area and is the first such increase in 10 years. Anyone considering the purchase of one or more niches is encouraged to contact Penny Hansen (pennyhansn@aol.com), the Columbarium Coordinator, before the price change at the beginning of the coming year. Purchase of niches is limited to members of St. Mark's Church and their immediate family.

22) The Winged Lion Review November Issue - Call for Articles. We need your articles now for the November issue of the WL Review! We welcome articles that may state your views on community issues, parish-related activities, opinion pieces, reflections on your own life, or perhaps a showcase for your creative talents - short stories, poems, graphic arts and photography are welcome. Submissions can be of any length, but as a general rule should be no more than 750 words. Please submit submissions to: harhath@gmail.com and karen@karenfalk.net.

23) A HEARTY THANKS from the Library Committee to all those who helped with the book display, contributions of food, serving, and clean-up at last Sunday's celebration of Suella Henn's legacy: Linda Ewald, Karen Getman, Fritz Henn, Jessie Babcock, Valeri Byrd, Margaret Crenshaw, Kitty Donnelly, Penny Hansen, Nadine Hathaway, Josie Jordan, Liz Layton, Jan Lipscomb, Michele Morgan, Cecilia Monahan, Ray Murray, Mary Neznok, Hester Ohbi, Kathryn Powers, Susan Sedgewick, Maureen Shea, Jim Steed, Carol Thornhill, Mary Thuell, Janet Vail, Margie Ware, Karen Wiedemann, Mary Welker, Nat White, and Elin Whitney-Smith.

24) St Marks Women to Women: Are you interested in fun events with other women at St. Mark's? If you have some ideas for activities or if you have not received invitations to past events and wish to be placed on the email list, contact Edna Boone, ednaboone@gmail.com

25) READING GROUP meets the first Monday of every month in the Dozier library downstairs opposite the nursery at 7:30 p.m. For October 3 we are reading *Between the World and Me* by Ta-Nehisi Coates. For November 7, we will read *The Sympathizer* by Viet Thanh Nguyen. If you have read the book, please join us for the discussion. **Contact:** Linda Ewald (lherbe@yahoo.com, 301 541-5133).

26) LOOKING FOR HELP WITH HOUSEHOLD SERVICES? Help David Durant help you. After Easter, St. Mark's replaced Green Maintenance with PMM as its janitorial services provider. GM laid off David Durant who had worked at SM for 7 years. Since then, David has actively sought permanent employment. Meanwhile, he has only been able to obtain sporadic work such as detailing cars, indoor carpet cleaning, raking yards, etc.). Except for these odd jobs, and contributions from a few parishioners, he has received no other financial support; his present situation is urgent. In her letter of recommendation, Michele described David as efficient, very diligent and hardworking with a passion for caring for the people of St. Mark's. To help him obtain part-time employment or to perform odd jobs for you or your neighbors, please contact Penny Farley (p3farley@verizon.net), Pete Eveleth (peter.eveleth@gmail.com) or Nat White (whitenat1938@gmail.com).

27) CAREGIVERS SUPPORT GROUP for those caring for seriously ill or otherwise incapacitated loved ones. Normally, this group meets two Sundays of each month. The group will meet next on Sunday, October 9, 2016. **Contact:** Mary Welker (marymwelker@aol.com, 202-387-4083) or Pamela Blumgart (pjblumgart@mail.com, 202-631-4936). **When:** SUNDAY, October 9, 1:30 pm. **Where:** Dozier Library.

Youth & Family Ministries

28) SAFEGUARDING GODS CHILDREN FALL TRAINING: The Fall training dates Safeguarding God's Children, the required child abuse prevention training offered by the diocese, have been announced. **This training is required** for any volunteers working with children and youth (including Christian education leaders) who have not completed a child abuse and sexual misconduct prevention program in the last three years and is strongly encouraged for anyone who wishes to learn more about how their parish can protect children and youth. Please register for one of these Saturday sessions and encourage others to join us in ensuring the safety and well-being of our youth program! Contact Caroline to register:

October 15: St. George's, DC, 9:30am-12:30pm

November 5: Transfiguration, Silver Spring, 9:30am-12:30pm

December 7: St. Columba's, 6:30pm-9:30pm25.

29) OCTOBER 9, HIGH SCHOOL SERVICE TRIP INTEREST MEETING: Calling all rising 9th-12th grade youth and parents! We have a big exciting trip to Nicaragua planned for June 24-July 1, 2017! Join us Sunday, October 9 at 11am in the Adams Room to learn more about this wonderful opportunity.

30) OCTOBER 15, RAISING CHILDREN- YOUNG FAMILIES POTLUCK DINNER: Do you have young children? Is church the one place you can occasionally hear yourself think? Consider joining the new St Marks Parents Group! This group is created specifically for parents of elementary-aged or younger children. We will share a potluck dinner on Saturday, October 15 from 5:30pm-7:30pm in the Elders Room. Childcare is provided! To register, email Caroline, caroline.mcreynoldsadams@stmarks.net.

31) OCTOBER 23, PARENTING TEENS GATHERING: Are you the parent of a teenager? Join us at 10am on Sunday, Oct. 23 in the Adams Room as we continue our conversation about teens and social media. A light breakfast will be provided!

THIS WEEK AT ST. MARK'S: SEPTEMBER 29 TO OCTOBER 9

TIME	EVENT	LOCATION
SUNDAY, OCTOBER 2		
10:00am — 11:00am 11:30am — 12:15pm 1:00pm — 11:30pm 4:30pm — 6:00pm 5:00pm — 6:00pm	Holy Eucharist Boys and Girls Choir Rehearsal St Mark's Players Tech Week Rehearsal Sivananda Hatha Yoga Contemplative Eucharist	<i>Nave</i> <i>Elders Rm</i> <i>Nave, Baxter Hall</i> <i>Craighill Dance Studio</i> <i>Nave</i>
MONDAY, OCTOBER 3		
10:00am — 10:45am 10:50am — 11:20am 11:30am — 12:15pm 12:30pm — 1:15pm 4:30pm — 6:30pm 5:00pm — 11:00pm 6:00pm — 7:15pm 7:30pm — 9:00pm 7:30pm — 9:30pm	Intro to Pilates Parent/Me 2-3 Intermediate Pilates Advanced Beginner Pilates Planned Giving St Mark's Players Rehearsal Sivananda Hatha Yoga St. Mark's Reading Group Christian Education: Meditation	<i>Craighill Dance Studio</i> <i>Craighill Dance Studio</i> <i>Craighill Dance Studio</i> <i>Craighill Dance Studio</i> <i>Abernathy Conference Rm</i> <i>Nave, Baxter Hall</i> <i>Craighill Dance Studio</i> <i>Dozier Library</i> <i>Adams Room</i>
TUESDAY, OCTOBER 4		
12:15pm — 1:15pm 3:00pm — 4:30pm 4:15pm — 5:15pm 5:00pm — 11:00pm 5:15pm — 6:30pm 6:00pm — 7:05pm 6:30pm — 7:45pm 7:00pm — 9:00pm 7:30pm — 9:30pm 7:45pm — 9:30pm	Sivananda Hatha Yoga, Staff Meeting Intermediate Youth Ballet A St Mark's Players Tech Week Rehearsal Intermediate Youth Ballet B Sivananda Hatha Yoga Intermediate Adult Ballet Liturgy Planning Committee Belonging Class Intermediate Adult Ballet	<i>Craighill Dance Studio</i> <i>Abernathy Conference Rm</i> <i>Craighill Dance Studio</i> <i>Nave, Baxter Hall</i> <i>Craighill Dance Studio</i> <i>Adams Rm</i> <i>Craighill Dance Studio</i> <i>Rectors Rm</i> <i>Adams Rm</i> <i>Craighill Dance Studio</i>
WEDNESDAY, OCTOBER 5		
11:00am — 1:00pm 11:30am — 12:30pm 4:15pm — 5:15pm 5:00pm — 11:00pm 5:15pm — 6:30pm 6:00pm — 7:05pm 6:30pm — 7:30pm	Wednesday Bible Study Mat Exercise/Weights Youth Ballet Ages 6-8 St Mark's Players Rehearsal Advanced Ballet Teen Sivananda Hatha Yoga Adult Ballet Pointe	<i>Elders Rm</i> <i>Craighill Dance Studio</i> <i>Craighill Dance Studio</i> <i>Baxter Hall, Nave</i> <i>Craighill Dance Studio</i> <i>Adams Rm</i> <i>Craighill Dance Studio</i>

THIS WEEK AT ST. MARK'S: SEPTEMBER 29 TO OCTOBER 9

TIME	EVENT	LOCATION
THURSDAY, OCTOBER 6		
12:00pm — 12:30pm	Holy Eucharist	<i>Chapel (Nave)</i>
4:15pm — 5:30pm	Intermediate B Youth Ballet	<i>Craighill Dance Studio</i>
6:15pm — 7:30pm	Intermediate Ballet Adult	<i>Craighill Dance Studio</i>
6:30pm — 8:00pm	Integral Hatha Yoga	<i>Adams Rm</i>
6:30pm — 10:30pm	St Mark's Players Rehearsal	<i>Baxter Hall</i>
7:00pm — 9:30pm	Bible Study Group	<i>Dozier Library</i>
7:30pm — 8:15pm	Pilates Advanced Beginner	<i>Craighill Dance Studio</i>
7:30pm — 9:30pm	Chancel Choir Rehearsal	<i>Nave</i>
FRIDAY, OCTOBER 7		
11:45am — 12:30pm	Chair Exercise/Weights	<i>Craighill Dance Studio</i>
4:15pm — 5:15pm	Jr.Co Current Students 12 and Up	<i>Craighill Dance Studio</i>
5:00pm — 11:00pm	St Mark's Players Set-Up/Production	<i>Nave, Baxter Hall</i>
5:15pm — 6:15pm	Teen Pointe	<i>Craighill Dance Studio</i>
6:15pm — 7:30pm	Adult Jazz	<i>Craighill Dance Studio</i>
6:00pm — 8:00pm	Women's AA Meeting	<i>Adams Rm</i>
SATURDAY, OCTOBER 8		
9:00am — 4:00pm	MindsInc	<i>Elders Rm</i>
9:00am — 9:45am	Preschool 3.5-5	<i>Craighill Dance Studio</i>
10:00am — 10:45am	Dance Ages 5-7	<i>Craighill Dance Studio</i>
10:00pm — 12:00pm	Hatha/Vinyasa Yoga	<i>Adams Rm</i>
11:00am — 12:00pm	Dance Ages 10-12	<i>Craighill Dance Studio</i>
12:00pm — 1:00pm	Advanced Beginner Ballet	<i>Craighill Dance Studio</i>
1:00pm — 1:45pm	Jazz Ages & and Up	<i>Craighill Dance Studio</i>
2:15pm — 3:15pm	Adult Beginner Ballet	<i>Craighill Dance Studio</i>
5:00pm — 11:00pm	St Mark's Players Set-Up/Production	<i>Nave, Baxter Hall</i>
7:00pm — 8:00pm	AA Meeting	<i>Adams Rm</i>
SUNDAY, OCTOBER 9		
9:00am — 11:00am	Holy Eucharist	<i>Nave</i>
10:00am — 11:00am	Sermon Seminar	<i>Nave</i>
10:00am — 11:00am	Adult Bible Study/Youth Sunday School	<i>Lower Level</i>
10:00am — 12:00pm	Baptism Class	<i>Dozier Library</i>
11:00am — 11:45am	Teen Choir Rehearsal	<i>Music Studio</i>
11:00am — 11:45am	Boys and Girls Choir Rehearsal	<i>Elders Rm</i>
11:00am — 12:00am	HS Service Trip Interest Meeting	<i>Adams Rm</i>
11:15am — 12:30pm	Holy Eucharist	<i>Nave</i>
12:30pm — 2:30pm	Green Lion's Meeting	<i>Rectors Rm</i>
1:00pm — 3:00pm	Christian Education	<i>Adams Rm</i>
1:30pm — 2:30pm	Caregiver Support Group	<i>Dozier Library</i>
4:30pm — 6:00pm	Sivananda Hatha Yoga	<i>Craighill Dance Studio</i>
5:00pm — 6:00pm	Contemplative Eucharist	<i>Nave</i>
6:30pm — 8:30pm	Swami Chidananda Centenary	<i>Baxter Hall, Kitchen</i>

MOST CURRENT Calendar online at: <http://www.stmarks.net/connect/calendar/>

ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

+

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The Reverend Michele H. Morgan, Priest-in-Charge	michele.morgan@stmarks.net
The Reverend R. Justice ("Justi") Schunior, Associate Rector	justi.schunior@stmarks.net
Jeff Kempskie, Director of Music	jeff.kempskie@stmarks.net
Caroline McReynolds-Adams, Director of Youth & Family Ministries	caroline.mcreynoldsadams@stmarks.net
Diana Church, Parish Administrator for Programs and Facilities	diana.church@stmarks.net
Patricia Schans, Finance Manager	patricia.schans@stmarks.net
PMM, Maintenance Contractor	
Monica Robles, PMM Staff Onsite Contact	

Adjunct Clergy: The Reverends Susan Flanders, William Flanders

The Vestry

Senior Warden	Peter Sherer	seniorwarden.saintmarks@gmail.com
Junior Warden	Doris Burton	stmarksjuniorwarden@gmail.com
Class of '17	Fritz Henn, Martha Huizenga, Stephen Dalzell	
Class of '18	Doug Jackson, Christina White, Karen Wiedemann	
Class of '19	Stephanie Deutsch, Thia Hamilton, Beth Mahood	
Officers	Andrew Stafford, <i>Treasurer</i>	
	Martha Huizenga, <i>Assistant Treasurer</i>	
	Mary Anderson Cooper, <i>Register</i>	
	Jack Burton, <i>Manciple</i>	
	Michael Knipe, <i>Counsel</i>	

Diocesan Delegates

Jim Steed Joe Tarantolo Bill Dickinson

Sunday, October 2, 2016
The Twentieth Sunday after Pentecost



Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

Go in peace and return often!

After completing, please tear off this page and place in offering plate or give to greeter:

(please print)

I attended:

- 9 am Holy Eucharist
- 10 am Sermon Seminar
- 11:15 am Holy Eucharist
- 5 pm Contemplative Eucharist
- Special (wedding, funeral, etc.)

Name _____

Email _____

Zip Code _____

Phone _____

I am interested in learning more about:

- Baptism (child, adult)
- Getting married at St. Mark's
- Music (choir, lessons)
- Children/youth classes & programs
- Adult classes
- Senior programs/activities
- Outreach/community service
- Environmental issues
- Yoga classes
- Dance classes
- St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson?

- Yes
- No