

WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

**THE TWENTY-FOURTH SUNDAY  
AFTER PENTECOST**

OCTOBER 30, 2016

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**9:00 AM HOLY EUCHARIST**

**9:00 AM CHILDREN'S CHAPEL**

**10:00 AM SERMON SEMINAR**

**11:15 AM HOLY EUCHARIST**

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**Preacher**

The Reverend R. Justice Schunior

**Presiders**

The Reverend Michele H. Morgan  
The Reverend R. Justice Schunior

**Children's Chapel Leader**

The Reverend Michele H. Morgan

**Director of Music**

Mr. Jeff Kempskie

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

**Hearing** – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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## ST. MARK'S MISSION STATEMENT

*St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.*

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**Childcare: the Nursery is open!** Children up to age 3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, which will be the last room on your right.

**The Parish Calendar is Online at** [www.stmarks.net/calendar/month](http://www.stmarks.net/calendar/month).

**Restrooms and water fountains** are available in the foyer and on the lower level.

**Lost & Found** is managed by our new maintenance contractor PMM. Please contact the PMM On-Site Team (202-695-9433) to see if your item has been found or to turn in an item you've found.

OCTOBER 23, 2016

<b>Attendance:</b>	<b>262</b>
<b>Pledge &amp; Plate collection:</b>	<b>\$6,780.00</b>

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The Honduras Cross, above the central altar platform, symbolizes St. Mark's connection with the broader Anglican Communion and our obligations to our sisters and brothers around the world, particularly with our sister congregations in the San Marcos Cluster in Honduras. Eileen Blumenthal and the 2000 Mission to Honduras designed the cross, and Eileen commissioned its construction in Honduras as a gift to St. Mark's community .

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## SUNDAY WORSHIP SCHEDULE

<b>9:00 am</b>	<b>Holy Eucharist</b> ( <i>Family Eucharist is celebrated the second Sunday of most months</i> )
<b>9:00 am</b>	<b>Children's Chapel</b> ( <i>not offered when Family Eucharist is celebrated at 9:00 am</i> )
<b>10:00 am</b>	<b>Sermon Seminar</b>
<b>11:15 am</b>	<b>Holy Eucharist</b>
<b>5:00 pm</b>	<b>Contemplative Eucharist</b>

***We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time***

**THE LITURGY OF THE WORD**  
✠ *Portions of the liturgy omitted at the 9:00 AM service*

**Prelude** Andante con moto from Sonata No. 5 in D Major

Felix Mendelssohn  
(1809-1847)

**Opening Hymn** 680 O God, our help in ages past

*St. Anne*

**Opening Sentences**

Presider Blessed be the one, holy, and living God.

**People** **Glory to God for ever and ever.**

**The Collect**

Presider God be with you.

**All** **And also with you.**

Presider Let us pray.

**All** **Almighty and merciful God, it is only by your gift that your faithful people offer you true and laudable service: Grant that we may run without stumbling to obtain your heavenly promises; through Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

*(9:00) Children wishing to participate in Children's Chapel may follow the Crucifer to the Dance Studio (second floor) at this time.*

**The Epistle** 2 Thessalonians 1:1-4, 11-12

Paul, Silvanus, and Timothy,

To the church of the Thessalonians in God our Father and the Lord Jesus Christ:

Grace to you and peace from God our Father and the Lord Jesus Christ.

We must always give thanks to God for you, brothers and sisters, as is right, because your faith is growing abundantly, and the love of everyone of you for one another is increasing. Therefore we ourselves boast of you among the churches of God for your steadfastness and faith during all your persecutions and the afflictions that you are enduring.

To this end we always pray for you, asking that our God will make you worthy of his call and will fulfill by his power every good resolve and work of faith, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ.

Reader Let us hear what the Spirit says to us.

**People** **Thanks be to God.**



**People**      **Love one another, as I have loved you.**

Leader      We pray for our families, with whom we live day by day. May this most searching test of our character not find us broken and empty. By all that we do and say help us to build up the faith and confidence of those we love, and when we quarrel, help us to forgive quickly.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      We pray for the places where we work, that there we may be workers who have no need to be ashamed. We ask to be reliable rather than successful, worthy of trust rather than popular. Whether those we work with be many or few, may we help to give them the sense that they are personally wanted and cared for.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      We pray for the communities to which we belong, that we may be good citizens. Make us willing to accept responsibility when we are called to it; make us willing also to give place to others, that they too may have their opportunity. Grant that our influence may be good and not evil.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      We pray for the generation to which we belong, those with whom we share a common fund of memory, common standards of behavior, and a common attitude toward the world. Grant that the presence of Christ may be so real to us that we may be able to help our generation to see him also as our contemporary.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      God, into whose world we come and from whose world finally we must go: we thank you for all those people, great and humble, who have maintained the fabric of the world's life in the past and left us a great inheritance. May we take up and encourage what is good, and hand it on to those who come after, believing that our work in your name will not be wasted or in vain.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      We invite all to offer prayers of petition, intercession, or thanksgiving silently or if aloud, ending with "This is my prayer," to which all will respond, "**Amen.**"

*A time for individual prayers is observed.*

Leader      Let us pray.

**People**      **We offer our prayers in the faith that you, O God, love us, that Jesus our risen brother walks with us, and that the Holy Spirit strengthens us. Amen.**

## **A Prayer of Confession**

Presider Let us confess our sins against God and our neighbor.

*Silence is observed.*

**People** Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

## **Absolution**

Presider God forgives you; forgive yourself and go in peace.

**All** Amen.

## **Canvass Moment; Anniversaries, Birthdays, Travelers**

## **The Peace**

Presider The peace of God be always with you.

**People** And also with you.

*All, one with another, exchange a sign of peace.*

## **Welcome**

## **Clergy Greeting**

# **THE LITURGY OF THE TABLE**

**Offertory Anthem** O Lord, increase our faith

Henry Loosemore (d. 1670)

Chancel Choir

*O Lord, increase our faith, strengthen us and confirm us in thy true faith;  
Endue us with wisdom, charity, chastity, and patience, in all our adversities.  
Sweet Jesus, say Amen.*

*Please stand as able.*

**Eucharistic Prayer**

Presider God be with you.

**People And also with you.**

Presider Lift up your hearts.

**People We lift them to God.**

Presider Let us give thanks to God.

**People It is right to give our thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty Father, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**Sanctus WLP 858**

American folk melody; arr. Marcia Pruner

Ho - ly, ho - ly, ho - ly Lord, God of power and might, \_\_\_\_\_  
 heaven and earth \_\_\_\_\_ are full of your glo - ry, Ho - san - na in \_\_\_\_\_ the high - est.  
 Bless - ed is \_\_\_\_\_ the one who comes in the name of the Lord. \_\_\_\_\_ Ho -  
 san - na in \_\_\_\_\_ the high - est, \_\_\_\_\_ Ho - san - na in \_\_\_\_\_ the high - est.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All**            **We remember his death,**  
**We proclaim his resurrection,**  
**We await his coming in glory.**

Presider      And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

**All**            **Amen.**

### The Lord's Prayer

Presider      And now, as our Savior Jesus taught us, we pray:

**People**      **Our Father, who art in heaven, hallowed be thy Name.**  
**Thy kingdom come, thy will be done on earth as it is in heaven.**  
**Give us this day our daily bread, and forgive us our trespasses**  
**as we forgive those who trespass against us.**  
**Lead us not into temptation, but deliver us from evil.**  
**For thine is the kingdom, the power, and the glory forever and ever.**  
**Amen.**

### The Breaking of the Bread and Fraction Anthem WLP 876

Jack Warren Burnham

*Antiphon*  
*Cantor, then all*



The dis - ci - ples      knew the    Lord\_    Je - sus\_\_\_\_\_    in the    break - ing\_



— of the bread. 2. One bo - dy are we, Al - le - lu -

ia, for though — ma - ny we share one — bread.

## The Invitation to Communion

**Presider** We, St. Mark's, recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all.

Therefore whoever we are, from wherever we have come, and whatever we believe,

**All** **All are welcome and invited to receive. Amen!**

## The Communion

*Please gather one group at a time around the altar. Gluten-free wafers and grape juice are available; please make your needs known to the minister.*

## Music During Communion

Hymn 469 There's a wideness in God's mercy

*St. Helena*

Miserere

Antonio Lotti (1666-1740)

Chancel Choir

Miserere mei, Deus,  
 Secundum magnam misericordiam,  
 Et secundum multitudinem miserationum  
 tuarum,  
 Dele iniquitatem meam.

*Have mercy on me, O God,  
 According to your loving-kindness,  
 And according to the multitude of your mercies,  
 Blot out my transgressions.*

## Post Communion Prayer

**Presider** Together, let us pray.

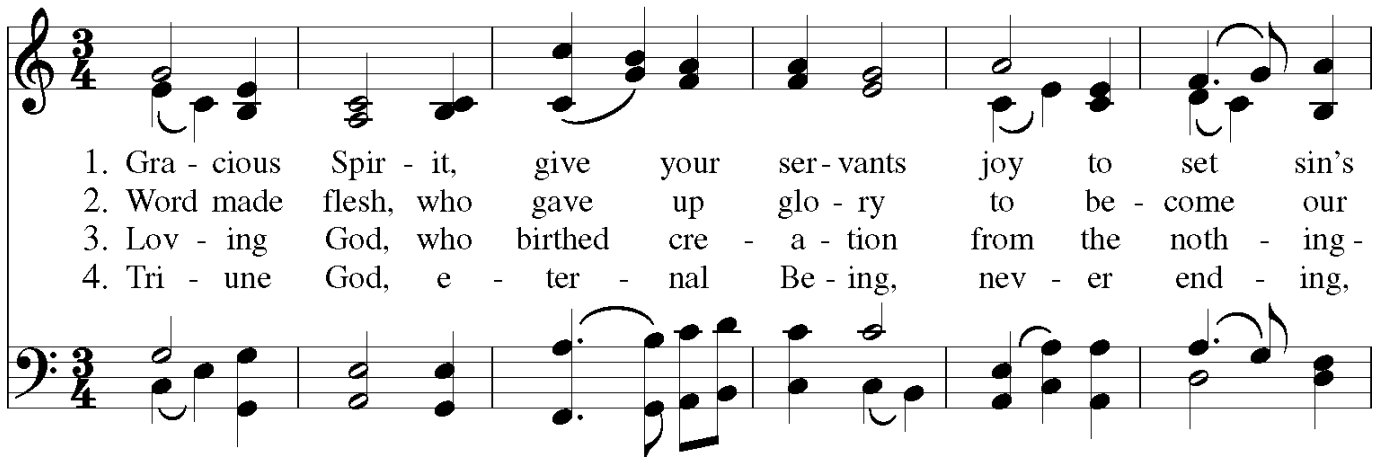
**All** **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Jesus Christ our Lord. Amen.**

# ♠ Announcements

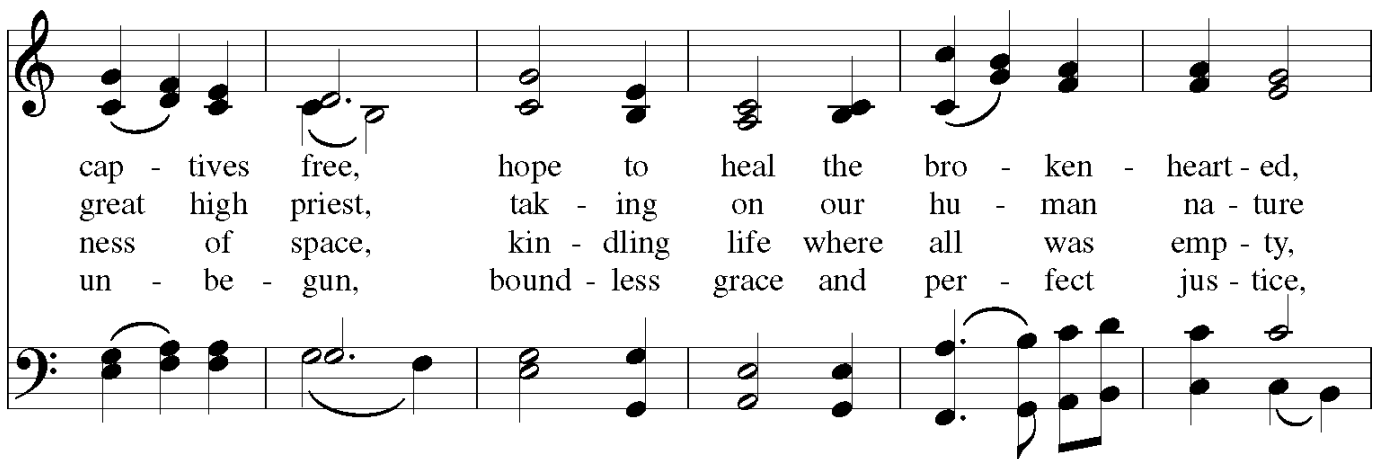
Please limit announcements to one minute or less.

## Closing Hymn WLP 782 Gracious Spirit, give your servants

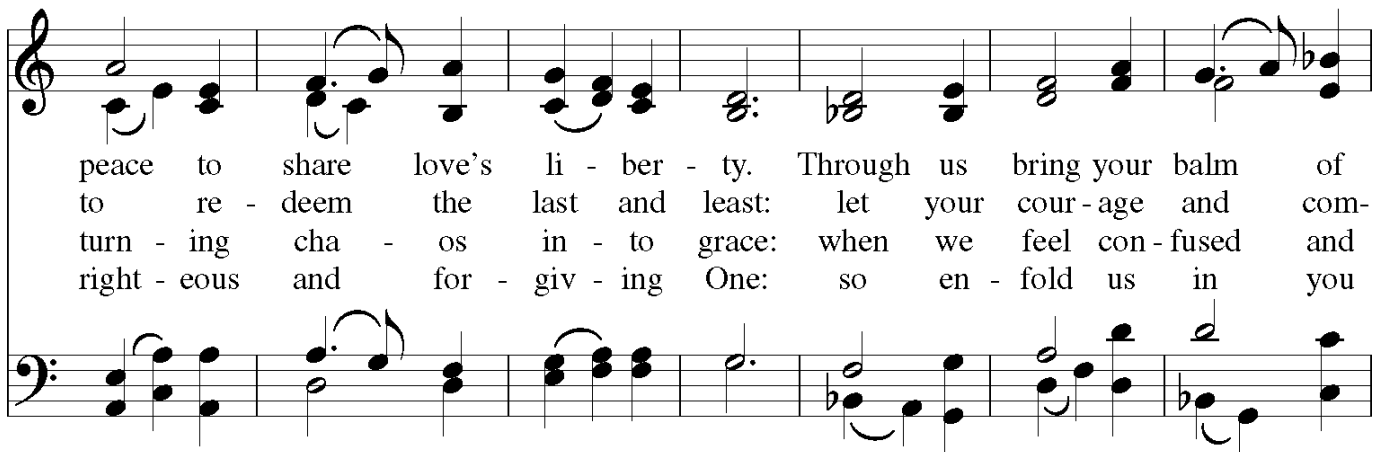
Abbot's Leigh



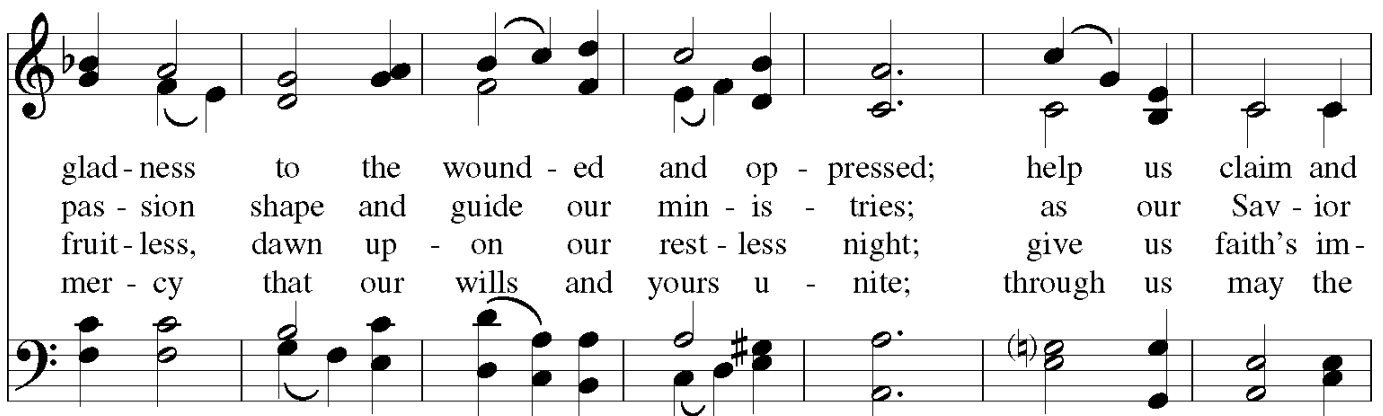
1. Gra - cious Spir - it, give your ser - vants joy to set sin's  
2. Word made flesh, who gave up glo - ry to be - come our  
3. Lov - ing God, who birthed cre - a - tion from the noth - ing -  
4. Tri - une God, e - ter - nal Be - ing, nev - er end - ing,



cap - tives free, hope to heal the bro - ken - heart - ed,  
great high priest, tak - ing on our hu - man na - ture  
ness of space, kin - dling life where all was emp - ty,  
un - be - gun, bound - less grace and per - fect jus - tice,



peace to share love's li - ber - ty. Through us bring your balm of  
to re - deem the last and least: let your cour - age and com -  
turn - ing cha - os in - to grace: when we feel con - fused and  
right - eous and for - giv - ing One: so en - fold us in you



glad - ness to the wound - ed and op - pressed; help us claim and  
pas - sion shape and guide our min - is - tries; as our Sav - ior  
fruit - less, dawn up - on our rest - less night; give us faith's im -  
mer - cy that our wills and yours u - nite; through us may the

show God's fa - vor as a peo - ple called and blessed.  
 and our Shep - herd, lead us to the truth that frees.  
 ag - i - na - tion, hope's re - new - ing, love's de - light.  
 world be - hold you, find your love, your truth, your light.

### The Blessing

**Presider** Life is short, and we have but little time to gladden the hearts of those who make the journey with us. So be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and forever.

**All** **Amen.**

### Dismissal

**Presider** Go into the world and know how much a tired and hurting world needs your strength and gladness, for there are deeds of compassion and courage that will never be done unless you do them; and words of hope and healing that will never be spoken unless you speak them. And now let us go forth into the world in peace, to love and serve the Lord.

**People** **Thanks be to God.**

**Postlude** Allegro maestoso from Sonata No. 5 in D Major

Felix Mendelssohn



## SERMON SEMINAR at 10:00 am

### Announcements

Please limit announcements to one minute or less.

### The Sermon

The Reverend R. Justices Schunior

### Sermon Seminar Guidelines:

1. Is what I have to say relevant to the sermon?
2. Is it meaningful? Will others care?
3. Can I make it short?
4. Will I later regret not having said it?
5. Has anyone else said it?



### Liturgical Leaders and Worship Participants

Verger	David Deutsch 9:00; Michael Knipe, 11:15
Acolytes	Avery Townsend, William Townsend and Emily Townsend, 9:00
Altar Guild	Josie Jordan & Gretchen Willson, 9:00 Barbara Harvey and Bertha Martin, 11:15
Lay Servers	Bill Jordan, Josie Jordan, David Willson and Gretchen Willson, 9:00 Jackie Boddie, Elizabeth Layto, Linda Ewald and Hester Ohbi, 11:15
The Epistle	Tracy Council, 9:00; Jan Hamilton, 11:15
Prayers of the People	David Deutsch, 9:00; Michael Knipe, 11:15



### Liturgy Request

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

### Liturgy Source

Opening Sentences, Enriching Our Worship; Collect, Book of Common Prayer; Prayers of the People, The Wideness of God's Mercy: Litanies to Enlarge Our Prayer; Eucharistic Prayer, Book of Common Prayer; Blessing, based on the words of Henri Frederic Amiel; Dismissal, Episcopal Relief and Development.

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*Gospel Responses*. Music: Nancy Karpeles. Used with permission. *O Lord, increase our faith*. Words & Music: Henry Loosemore (d. 1670), ed. Andrew Crookall, © 2003 Choral Public Domain Library. All rights reserved. *Sanctus*. Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889-1983) © Church Pension Fund. All rights reserved. Reprinted under OneLicense.net A-718991. *The disciples knew the Lord Jesus*. Music: Jack Warren Burnam (b. 1946) © 1986 Jack Warren Burnam & Church Publishing Incorporated. All rights reserved. Reprinted under OneLicense.net A-718991. *Miserere*. Words: Psalm 51. Music: Antonio Lotti (1666-1740), ed. Abel Di Marco, Pbro. © Abel Di Marco. All rights reserved. Used with permission.



## PARISH PRAYER LIST

Gladys Anderson (*Matt Patton's grandmother*) • Grace Aspinall • Federica Barrow •  
Pamela Blumgart • Janice Brown • Lynda Bugge •  
Sylvie Kalas Braddock (*Barbara Nelson's granddaughter*) •  
Anne Carter (*Justi Schunior's mother*) • Joya Cox • Deborah Cunningham •  
Andrew Earnest (*Lynda Bugge's grandson*) •  
Taylor Emerson (*Randy Marks' niece*) • Mr. and Mrs. David Glaze (*of Boulder CO*) •  
Dave Haglund • Celia Hahn • Rick Hayes •  
Alice Kistler (*Kathryn Powers' sister*) • Dennis Lewis • Elizabeth Long •  
Lilly March • Nat Marks • Lila Marks •  
Lina Marks (*Randy Marks' mother*) • Jane Miller • Barbara Nelson •  
Leslie F. Nickerson (*Frank Nickerson's father and Amelia Nickerson's grandfather*) •  
Randell Prothro • Marilyn Stiles • Arnold Taylor •



### *THOSE OF OUR PARISH SERVING IN THE MILITARY:*

Vincent Alcazar (*Parishioner*)  
Clint Billings (*son of Kevin Billings and Mary Louise Wagner*)  
P. J. Boehm (*brother of Rachel Boehm*)  
Preston Brooks  
Stephen Dannenmaier (*brother and brother-in-law of Bill and Molly Dannenmaier*)  
Jason Earnest (*son of Erika Bugge, grandson of Lynda Smith-Bugge*)  
Kurt Hansen (*nephew of Brock and Penny Hansen*)  
Weston Zarek (*son of Tom Zarek*)



### *MILITARY DEATHS*

Chief Petty Officer Jason C. Finan, 34, of Anaheim, CA  
Sgt. Douglas J. Riney, 26, of Fairview, IL  
Michael G. Sauro, 40, of McAlester, OK

## CYCLE OF PRAYER

### IN THE DIOCESE OF WASHINGTON:

All Saints' Church, Chevy Chase Parish  
All Saints' Pre-School, Chevy Chase  
All Saints' Parish, Oakley  
All Souls' Memorial Church, All Souls' Parish

### IN THE ANGLICAN COMMUNION:

PRAY for Bermuda (Extra-Provincial to Canterbury)  
Bermuda - (Bermuda) The Rt Revd Nicholas Dill



# ANNOUNCEMENTS

Announcements, **not to exceed 150 words**, are to be submitted to [diana@stmarks.net](mailto:diana@stmarks.net) by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

Official Parish Calendar online at: <http://www.stmarks.net/connect/calendar/>

## From the Office

**1) New Email Addresses!** (Don't worry, you can still reach us at the old ones.) In the Church Office, we've been working on a number of IT projects to make our work more efficient and better serve the congregation. With the help of the diocese and the extra effort of Finance Manager, Patricia Schans, we migrated our email accounts from Microsoft Outlook to Gmail. This is a small part of a larger project to be more technically savvy about organizing and storing our documents as well as reduce office expenses. Nothing should be too different for you all, but you will be able to reach us at new addresses: [firstname@stmarks.net](mailto:firstname@stmarks.net). For example, [michele@stmarks.net](mailto:michele@stmarks.net), [jeff@stmarks.net](mailto:jeff@stmarks.net), etc. No longer will you have to spell out McReynoldsAdams or try to remember if there's a "C" or just an "H" in Schunior or Schans.. The migration did create a few headaches, so if you sent an email to one of us last week or early this week and didn't get a reply, you might want to send it again. Thanks for your patience!

## From the Vestry & Parish Leadership

**2) 2017 CANVASS: Be. Belong. Give.** The Canvass has begun! Our stalwart canvassers have begun making contact again with local members to arrange for times to meet and talk about St. Mark's in the context of the canvass theme. Please make yourself available and engage in this important conversation that leads to your pledge in support of our 2017 operating budget. Watch the poster in the foyer your gifts will color in church tower as we move towards our 2017 goal! To find all the forms and background information you need, go to [stmarks.net/donate](http://stmarks.net/donate) and click one of the links to "Pledge to Donate in the Future" or "Forms For Making or Paying a Pledge." If you have any questions, write to Nora Howell at [nora.howell.va@gmail.com](mailto:nora.howell.va@gmail.com).

## Worship

**3) 11:15 Bread and Wine Rota:** We are delighted to say that the Bread and Wine 11:15 for all Sunday's in November and December are spoken for - with one exception. Is someone willing to offer for Christmas Eve? An evening Service. Let us know at [cecbill@mac.com](mailto:cecbill@mac.com). Thanks to all who have signed up.

**4) ADVENT TASK FORCE: CANCELLATION:** The second Advent Task Force planning meeting has been canceled. We thank those who have expressed an interest and welcome comments and questions from all who might be interested in seasonal planning in the future. Linda Chandlee ([linda.chandlee@icloud.com](mailto:linda.chandlee@icloud.com)) and Mary De Nys ([mlld3536@cox.net](mailto:mlld3536@cox.net)).

## Christian Education

**5) ENJOY DOCUMENTARIES** but wonder how to tell what's true and what is the filmmaker's projection of the truth? A one-off class will provide some background in 'how to watch a documentary film.' Using *Defiant Requiem*, the story of Jews in Thieresenstadt who learned and performed Verdi's *Requiem*, you'll acquire some film vocabulary as well as guidelines that will help you assess a documentary film. November 13, from 1-4 pm, Join Jack Burton, former Film Study instructor, in Elders Room (sign-up in the foyer or contact Jack at [jburton39@gmail.com](mailto:jburton39@gmail.com))

**6) Christian Education Catalog:** The 2016-17 Christian Education Catalog is now available on-line at <http://staging.stmarks.net/grow/classes/> and in the tract racks in the Nave. Please take a moment to check out our classes. You'll find information on Sunday School, Adult Bible Study, and classes on a variety of topics ranging from race and privilege to the art of documentary film. Questions? Contact Lucy Brown ([lucybrown66@gmail.com](mailto:lucybrown66@gmail.com)) and Joe Calizo ([jcalizo@gmail.com](mailto:jcalizo@gmail.com)).

**7) Thursday Night Bible Study** Thursday night religious study will be exploring the Christian mystic tradition, starting with four medieval English mystics: Richard Rolle and *The Fire of Love*, the anonymous author of *The Cloud of Unknowing*; Walter Hilton and *The Ladder of Perfection*; and ending with Dame Julian of Norwich and *Revelations of Divine Love*. Our text will be *Visions of God* by Karen Armstrong. We hope this may become an ongoing inquiry into religious mysticism, as it is experienced in Christianity and other faith traditions. **When:** Thursday evenings, 7:30-9:00 p.m. **Where:** Dozier Library. **Fee:** \$25 contribution per semester. **Questions:** Contact Bill Clough ([billclough@icloud.com](mailto:billclough@icloud.com)) and Kathleen Grant ([queenmommy17@gmail.com](mailto:queenmommy17@gmail.com)).

**8) ONGOING CHRISTIAN EDUCATION.** These groups meet weekly and are open to newcomers.

**Marching Through the Bible: Gospel of Mark**, Sundays, 10:00-11:00 am, Penniman Room

**SMMC Meditation**, Mondays, 7:30-9:00 pm, Nave

**Wednesday Morning Bible Study**, 11:00 am-12:15 pm; brown bag lunch follows, Elders' Room

**Thursday Night Bible Study**, 7:30-9:00 pm, Dozier Library

**9) The Theology of the Eucharist:** Join us today for the second of four classes on the Eucharist. This class will focus on the history of the Eucharistic Rite. Where did it come from? Did the early church celebrate communion like we do? How did it come down to us? We'll discuss all this and more as well as celebrate a Eucharist together using Rite I. We will be meeting in the Penniman Room, NOT Adams.

**10) INTRODUCTION TO LIFE AT ST. MARK'S.** Three sessions from 12:30-2:00, **Sundays**, every other month. Dates: Nov. 6, 13, 20; Jan. 8, 15, 22; March 5, 12, 19, May 7, 14, 21. Opportunities to formally join St. Mark's congregation during a liturgy are on Nov. 27, Jan. 29, March 26, and May 28. Leaders: The Rev. Michele Morgan and Youth and Family Director Caroline McReynolds-Adams. In the Dozier Library.

**11) CATECHESIS:** Have you ever wondered what goes on in the Catechesis classrooms? Want to give back to St. Mark's by teaching Sunday School? Hoping to connect more closely with St. Mark's youth? We are looking for a few good volunteers to help teach. Catechesis runs from late September through May each year. Training is provided. If you'd prefer to try a couple classes before committing to the full year, that's ok too - we welcome any participation! All teachers will need to complete the "Safeguarding God's Children" class. Please contact Kris Humphrey ([kristenjhumphrey@gmail.com](mailto:kristenjhumphrey@gmail.com)) or Nora Howell ([nora.howell.va@gmail.com](mailto:nora.howell.va@gmail.com)) for more information.

**12) MARCHING THROUGH THE BIBLE: The Gospel of Mark.** This weekly class meets at 10a.m. in the Penniman Room. The Jesus stories in Mark, our Patron Saint, are the oldest in the New Testament, and reflect the struggles in the early Christian community during the first Jewish revolt against Rome (66-74 A.D.). The stories are pithy, direct, and challenging, with Jesus's sidekicks (the disciples) behaving very much like us! The course consists of class discussion of the Mark text assigned for that day. Regular attendance is encouraged. Additional outside readings are not expected. "Marching Through the Bible" is named in memory of our long-time convener, Francis "Buzz" March. Fee: \$25 per semester. Convener: Bob Ewald.

## Music & Arts

**13) BOARD OPPORTUNITY:** The St. Mark's Players has an opening on its Board of Directors. Help the magic of theater come alive here in the Nave! Contact [SMP\\_Board@googlegroups.com](mailto:SMP_Board@googlegroups.com) to let us know of your interest.

**14) CHIARINA CHAMBER PLAYERS PRESENT FIN DE SIECLE ROMANTICS CONCERT.** Come explore the unique chamber music written by great German and Austrian composers around 1900. Pianist Efi Hackmey will be joined by cellist Robert La Rue and clarinetist Vadim Lando, hailed by the New York Times for his "consistently distinguished, vibrant and virtuosic playing". The performance takes place at St. Mark's on Sunday, Nov. 6 at 7:30 pm. Tickets: \$20 at the door, \$15 at [chiarina.org](http://chiarina.org), \$10 students. \$5 St. Mark's discount at on adult tickets at [Eventbrite.com](http://Eventbrite.com) using promo code STMARKS5.

**15) MUSIC LESSONS.** The St. Mark's Music Studio offers voice lessons with Kellie McHugh ([kellie.mchugh.81@gmail.com](mailto:kellie.mchugh.81@gmail.com)) and Adam Caughey ([adamcaughey@gmail.com](mailto:adamcaughey@gmail.com)) and piano lessons with Jeff Kempeskie ([jeff.kempeskie@stmarks.net](mailto:jeff.kempeskie@stmarks.net)). Students of all ages and levels of experience are welcome.

**16) DO YOU LIKE TO SING OR PLAY AN INSTRUMENT?** If so, we want to know! Singers of all voice parts are needed in the Chancel Choir (regular Thursday 7:30-9:30 pm rehearsals in the nave resume Sep. 1). Teens are invited to sing with the Teen Choir and children are invited to sing with the Boys & Girls Choir (both rehearse Sundays, 11-11:45 in the Music Studio & Elders' Room, respectively, starting Sep. 10). No prior experience necessary. There are also opportunities to play solo instrumental pieces year-round. Please contact [jeff.kempeskie@stmarks.net](mailto:jeff.kempeskie@stmarks.net).

## Outreach

**17) GIVE THE HOMELESS FOOD AND FRIENDSHIP** - Every Sunday, a group of volunteers provides food and friendship to the homeless in our city. It is a ministry that focuses as much on the social/emotional needs of DC's most vulnerable citizens as it does their physical needs. For years St. Mark's has provided sandwiches for guests to take with them after sharing a hot meal. Now we are also looking for volunteers to help provide the hot meals, or to serve the meals, or both. Our most pressing need is for 6-9pm on Sunday, Nov. 27th. We also need help on Dec 4, Dec 18 and Dec 25. If you are interested, please email [Lisa.ramish@gmail.com](mailto:Lisa.ramish@gmail.com).

**18) St. Mark's Middle East Working Group, St. Mark's Woman to Woman, and Hands Along the Nile** invite you to join us for Women in the Middle East and North Africa: A Panel Discussion with Young Women's Rights Advocates from the Region **Wednesday, November 2nd from 6:30-8:30pm** in Baxter Hall. Moderated by Stephanie Foster, Senior Advisor and Counselor, Secretary's Office of Global Women's Issues, U.S. Department of State. Light refreshments will be served. Bring a friend and join us for a conversation on the challenges and opportunities facing women in the Middle East and North Africa region.

**19) DIAPER DRIVE:** It's time for our second annual diaper drive to support the DC Diaper Bank! During the month of October, bring in diapers of any size (including adult diapers - packages CAN be open), or other unopened and unexpired baby products, like wipes, cream, formula, etc. Donations can be placed near the sign in the baptismal font area. **NEW THIS YEAR** we're putting together a group to volunteer at the Diaper Bank warehouse - we'll find a date sometime in early or mid-November. Contact Marika Klein at [marikaklein@gwu.edu](mailto:marikaklein@gwu.edu) with questions or to find out more about volunteering. Last year we collected just over 4,000 diapers - let's set a new record this year!



**20) The Middle East Working Group announces "The 2017 St. Mark's Pilgrimage to the Holy Land".** Planning has begun for travel in mid-October 2017 with 8 day or a 12 – 14 day options. Once again, MEJDI Tours will provide travel support for a multi-narrative encounter with people and places.. The historical holy sites of our own Christian faith and other Abrahamic religions (Islam and Judaism) are a highlight of the pilgrimage. But differing from traditional Holy Land trips, our itinerary will include meetings with individuals whose work for peace and justice are beacons of light in a troubled land. **Interested.... want to know more?** Add your name to the sign up sheet in the foyer or contact Tom and Karen Getman at karen.getman@gmail.com **and we will contact you with preliminary itineraries, costs, and a registration of intent.**

**21) Refugee Resettlement: What's happening?** The Housing Committee members from Lutheran Church of the Reformation and Capitol Hill Methodist are at work finding appropriate housing in preparation for the arrival of a family. At St. Mark's, we are awaiting specific info about what will be needed. When the alert comes, we will need to move quickly. In the meantime, we will continue to add people to a volunteer list and ask you to consider an area in which you have interest or expertise.

Employment

Finance

Food and Clothing

Housing and Furnishings

Transportation

Language tutoring

Please contact Karen Getman karen.getman@gmail.com, Maureen Shea mtshea@aol.com, or Mandy Paust paustak@gmail.com and we will put you on the "interested volunteer" list.

**22) Many thanks to those who have or are providing lunch this Fall to Capitol Hill Group Ministry's parenting class.** These lunches enhance the effectiveness of this important weekly class for CHGM participants. Watch for the announcement for signing up to provide lunch to the participants in the Winter/Spring 2017 session.

### **Parish Life**

**23) Thanksgiving dinner for everyone.** As we prepare for Thanksgiving, many of us feel called to share our abundance with those in our community who lack the resources to provide their families with a special meal. Please join St. Mark's Outreach Board in partnering with Capitol Hill Group Ministry (CHGM) to provide Thanksgiving baskets to our community's low income families. All it takes is this: When you come to church on **November 20<sup>th</sup>**, bring a reusable shopping bag with the following: two 14.5 oz cans green beans; two 15 oz cans yams or fresh equivalent; two 14 oz cans cranberry sauce; 3 boxes mac & cheese; 2 boxes stuffing; 1 bag rice or mashed potatoes; 2 onions; 1 box muffin/biscuit mix; 1 box cake mix/frosting; one \$20 gift card for meat (Safeway, HT, Giant). For planning purposes we give CHGM the number of "baskets" we expect to provide, so please "RSVP" by emailing Jane Rutherford at janerutherford419@gmail.com.

**24) St Marks Women to Women** invites you to Save the Date for **Empowerment through Education** with Dr. Leslie Rickey on Monday, **November 28<sup>th</sup>, 7-8:30.** Join us for an dynamic, informative, and lively discussion with Dr Rickey, Associate Professor of Urology and of ObGyn, Fellowship Director and Female Pelvic Medicine and Reconstructive Surgery at Yale New Haven. Dr Rickey is working with NIH and is committed to making advances in women's health and quality of life. Afraid to talk about pelvic floor issues even with your own physician? You are not alone. We are thrilled to have her join us and invite St. Mark's women to not only come out, but to bring along a friend, sister, cousin, mother and/or daughter. A-M Bring a beverage of your choosing; N-Z Bring a sweet or savory snack.

- 25) FILM AND DISCUSSION:** Join us to watch Ava Duvernay's (director of *Selma*) documentary *13th* on Sunday, October 30, at 6:30 pm in Baxter Hall. *13th* is an exploration of modern day slavery and the prison industrial complex. We'll serve snacks and have a short discussion following the film.
- 26) ORDINATION:** Marcella Gillis, former St. Mark's youth director and senior at Yale Divinity School, will be ordained to the Transitional Diaconate on Saturday, November 12 at 10:00 at the National Cathedral. All are welcome to attend the ordination. On Sunday, November 13, Marcella will be with us to preach at the morning services. Keep Marcella in your prayers as she prepares for this next step in her ministry.
- 27) COFFEE, TEA, AND A BITE AFTER 11:15?** Will you offer modest nibbles after the 11:15 service on 11/6, 12/04, or 12/18? If you're willing, speak to or email Jim Steed (steedj66@gmail.com) for details.
- 28) Columbarium News:** The vestry recently voted to raise the price for St. Mark's columbarium niches from \$1200 to \$1500, effective January 1, 2017. The change was based on an analysis of the prices now being charged at other churches in our area and is the first such increase in 10 years. Anyone considering the purchase of one or more niches is encouraged to contact Penny Hansen (pennyhansn@aol.com), the Columbarium Coordinator, before the price change at the beginning of the coming year. Purchase of niches is limited to members of St. Mark's Church and their immediate family.
- 29) The Winged Lion Review November Issue - Call for Articles.** We need your articles now for the November issue of the WL Review! We welcome articles that may state your views on community issues, parish-related activities, opinion pieces, reflections on your own life, or perhaps a showcase for your creative talents - short stories, poems, graphic arts and photography are welcome. Submissions can be of any length, but as a general rule should be no more than 750 words. Please submit submissions to: harhath@gmail.com and karen@karenfalk.net.
- 30) READING GROUP** meets the first Monday of every month in the Dozier library downstairs opposite the nursery at 7:30 p.m. For November 7 we are reading *The Sympathizer* by Viet Thanh Nguyen. For December 5, we will read *Tender is the Night* by Scott Fitzgerald. If you have read the book, please join us for the discussion. **Contact:** Linda Ewald (lherbe@yahoo.com, 301 541-5133).
- 31) LOOKING FOR HELP WITH HOUSEHOLD SERVICES?** Help David Durant help you. After Easter, St. Mark's replaced Green Maintenance with PMM as its janitorial services provider. GM laid off David Durant who had worked at SM for 7 years. Since then, David has actively sought permanent employment. Meanwhile, he has only been able to obtain sporadic work such as detailing cars, indoor carpet cleaning, raking yards, etc.). Except for these odd jobs, and contributions from a few parishioners, he has received no other financial support; his present situation is urgent. In her letter of recommendation, Michele described David as efficient, very diligent and hardworking with a passion for caring for the people of St. Mark's. To help him obtain part-time employment or to perform odd jobs for you or your neighbors, please contact Penny Farley (p3farley@verizon.net), Pete Eveleth (peter.eveleth@gmail.com) or Nat White (whitenat1938@gmail.com).
- 32) CAREGIVERS SUPPORT GROUP** for those caring for a seriously ill or otherwise incapacitated family member or friend. The group now meets on the second and fourth Monday evenings from 6:30-7:30 pm in the Dozier Library. Please note the change in day and time. If you think such a group might be helpful to you, please contact Mary Welker (292-387-4083) (marymwelker@aol.com) or Pamela Blumgart (202-631-4936) (pjblumgart@mail.com) prior to attending a meeting. The next meeting is November 14 at 6:30 pm in the Dozier Library.

### **Youth & Family Ministries**

**33) NOVEMBER 13, TEENS DREAM AT ST. MARK'S:** Please join us Sunday, November 13th from 11-12:00 in Baxter Hall for a coffee hour hosted by Teens Dream, a global video competition inspired by and led by St. Mark's teens and adults!. St. Mark's teens and adult co creators will share how Teens Dream was inspired, created and has engaged over 130 teens globally who have submitted dream videos. See [www.teensdream.net](http://www.teensdream.net) or [https://youtu.be/L62i6\\_LKZR4](https://youtu.be/L62i6_LKZR4) — if questions contact Linda Staheli, Julie Murphy, Don Gangloff, Teddy Ammon, Jackie Abramowitz, Stella Peterson, or Eleanor Doyon.

**34) NOVEMBER 20, YOUNG FAMILIES COFFEE HOUR:** Is your child 10 years old or younger? Do you have a desire to connect with other St. Mark's parents and have meaningful conversation about what it means to raise a faith-centered family? Join us on Sunday, Nov. 20 at 10am in the Adams Room for coffee, a light breakfast, and community building while your children are in Sunday School!

**35) SAFEGUARDING GODS CHILDREN FALL TRAINING:** The Fall training dates Safeguarding God's Children, the required child abuse prevention training offered by the diocese, have been announced. **This training is required** for any volunteers working with children and youth (including Christian education leaders) who have not completed a child abuse and sexual misconduct prevention program in the last three years and is strongly encouraged for anyone who wishes to learn more about how their parish can protect children and youth. Please register for one of these Saturday sessions and encourage others to join us in ensuring the safety and well-being of our youth program! Contact Caroline to register:

November 5: Transfiguration, Silver Spring, 9:30am-12:30pm

December 7: St. Columba's, 6:30pm-9:30pm

**THIS WEEK AT ST. MARK'S: OCTOBER 27 TO NOVEMBER 6**

<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
<b>SUNDAY, OCTOBER 30</b>		
9:00am — 11:00am	<b>Holy Eucharist</b>	<i>Nave</i>
10:00am — 11:00am	Sermon Seminar	<i>Nave</i>
10:00am — 11:00am	Adult Bible Study/Youth Sunday School	<i>Lower Level</i>
10:00am — 12:00pm	Baptism Class	<i>Dozier Library</i>
11:00am — 11:45am	Teen/Boys & Girls Choir Rehearsal	<i>Music Studio/Elders Rm</i>
11:15am — 12:30pm	<b>Holy Eucharist</b>	<i>Nave</i>
1:00pm — 3:00pm	Theology of the Eucharist	<i>Adams Rm</i>
1:30pm — 3:00pm	Vocal Workshop	<i>Nave</i>
4:30pm — 6:00pm	Sivananda Hatha Yoga	<i>Craighill Dance Studio</i>
5:00pm — 6:00pm	<b>Contemplative Eucharist</b>	<i>Nave</i>
<b>MONDAY, OCTOBER 31</b>		
10:00am — 1:15pm	Dance/Pilates	<i>Craighill Dance Studio</i>
6:00pm — 7:15pm	Sivananda Hatha Yoga	<i>Craighill Dance Studio</i>
7:30pm — 9:30pm	SMMC Meditation	<i>Nave</i>
<b>TUESDAY, NOVEMBER 1</b>		
12:15pm — 1:15pm	Sivananda Hatha Yoga,	<i>Craighill Dance Studio</i>
4:15pm — 9:30pm	Dance Classes	<i>Craighill Dance Studio</i>
6:00pm — 7:05pm	Sivananda Hatha Yoga	<i>Adams Rm</i>
6:30pm — 10:30pm	St Mark's Players	<i>Nave</i>
6:30pm — 9:30pm	Women's Investment Network	<i>Baxter Hall</i>
7:00pm — 9:00pm	Liturgy Planning Meeting	<i>Rectors Rm</i>
<b>WEDNESDAY, NOVEMBER 2</b>		
11:00am — 1:00pm	Wednesday Bible Study	<i>Elders Rm</i>
11:30am — 12:30pm	Mat Exercise/Weights	<i>Craighill Dance Studio</i>
4:15pm — 7:30pm	Dance Classes	<i>Craighill Dance Studio</i>
5:15pm — 6:30pm	Sivananda Hatha Yoga	<i>Adams Rm</i>
5:30pm — 9:30pm	Mid East Working Group	<i>Baxter Hall</i>
6:30pm — 10:30pm	St. Mark's Players	<i>Nave</i>

## THIS WEEK AT ST. MARK'S: OCTOBER 27 TO NOVEMBER 6

TIME	EVENT	LOCATION
<b>THURSDAY, NOVEMBER 3</b>		
12:00pm — 12:30pm 4:15pm — 8:15pm 6:30pm — 8:00pm 7:30pm — 8:15pm 7:30pm — 9:00pm 7:30pm — 9:30pm	<b>Holy Eucharist</b> Dance Classes/Pilates Integral Hatha Yoga Pilates Advanced Beginner Bible Study Group Chancel Choir Rehearsal	<i>Chapel (Nave)</i> <i>Craighill Dance Studio</i> <i>Adams Rm</i> <i>Craighill Dance Studio</i> <i>Dozier Library</i> <i>Nave</i>
<b>FRIDAY, NOVEMBER 4</b>		
7:00am — 8:00am 11:45am — 12:30pm 4:15pm — 7:30pm 6:00pm — 8:00pm	Hatha/Vinyasa Yoga Chair Exercise/Weights Dance Classes Women's AA Meeting	<i>Adams Rm</i> <i>Craighill Dance Studio</i> <i>Craighill Dance Studio</i> <i>Adams Rm</i>
<b>SATURDAY, NOVEMBER 5</b>		
9:00am — 3:15pm 10:00am — 12:00pm 2:15pm — 5:15pm 3:00pm — 5:00pm 6:30pm — 10:30pm 7:00pm — 8:00pm	Dance Classes Hatha/Vinyasa Yoga Piano Tuning Girl Scout Troop 2830 St. Mark's Players AA Meeting	<i>Craighill Dance Studio</i> <i>Adams Rm</i> <i>Nave</i> <i>Classrooms 1,3</i> <i>Nave</i> <i>Adams Rm</i>
<b>SUNDAY, NOVEMBER 6</b>		
9:00am — 11:00am 10:00am — 11:00am 10:00am — 11:00am 11:00am — 11:45am 11:15am — 12:15pm 11:15am — 12:30pm 1:00pm — 3:00pm 4:30pm — 6:00pm 5:00pm — 6:00pm 6:00pm — 10:00pm	<b>Holy Eucharist</b> Sermon Seminar Adult Bible Study/Youth Sunday School Teen/Boys & Girls Choir Rehearsal Introduction to Guild Transformational Studies <b>Holy Eucharist</b> Theology of the Eucharist Sivananda Hatha Yoga <b>Contemplative Eucharist</b> Chiarina Chamber Players Concert	<i>Nave</i> <i>Nave</i> <i>Lower Level</i> <i>Music Studio/Elders Rm</i> <i>Adams Rm</i> <i>Nave</i> <i>Adams Rm</i> <i>Craighill Dance Studio</i> <i>Nave</i> <i>Nave</i>
<b>MOST CURRENT Calendar online at: <a href="http://www.stmarks.net/connect/calendar/">http://www.stmarks.net/connect/calendar/</a></b>		

# ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

+

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*Adjunct Clergy:* The Reverends Susan Flanders, William Flanders

## The Vestry

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Peter Sherer

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Junior Warden

Doris Burton

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Class of '17

Fritz Henn, Martha Huizenga, Stephen Dalzell

Class of '18

Doug Jackson, Christina White, Karen Wiedemann

Class of '19

Stephanie Deutsch, Thia Hamilton, Beth Mahood

Officers

Andrew Stafford, *Treasurer*

Martha Huizenga, *Assistant Treasurer*

Mary Anderson Cooper, *Register*

Jack Burton, *Manciple*

Michael Knipe, *Counsel*

## Diocesan Delegates

Jim Steed

Joe Tarantolo

Bill Dickinson





## Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

*Go in peace and return often!*

**After completing, please tear off this page and place in offering plate or give to greeter:**

*(please print)*

I attended:

- 9 am Holy Eucharist
- 10 am Sermon Seminar
- 11:15 am Holy Eucharist
- 5 pm Contemplative Eucharist
- Special (wedding, funeral, etc.)

Name \_\_\_\_\_

Email \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

I am interested in learning more about:

- Baptism (child, adult)
- Getting married at St. Mark's
- Music (choir, lessons)
- Children/youth classes & programs
- Adult classes
- Senior programs/activities
- Outreach/community service
- Environmental issues
- Yoga classes
- Dance classes
- St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson?

- Yes
- No