



WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

**THE FOURTEENTH SUNDAY  
AFTER PENTECOST**

AUGUST 21, 2016

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5:00 PM CONTEMPLATIVE EUCHARIST

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**Presider & Homilist**  
The Reverend R. Justice Schunior

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.  
**Hearing** – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

# WELCOME TO **ST. MARK'S EPISCOPAL CHURCH** † **CAPITOL HILL**

## ST. MARK'S MISSION STATEMENT

*St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.*



**Childcare: the Nursery is open!** Children up to age 3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, which will be the last room on your right.

**The Parish Calendar is Online at** [www.stmarks.net/calendar/month](http://www.stmarks.net/calendar/month).

**Restrooms and water fountains** are available in the foyer and on the lower level.

**Lost & Found** is managed by our new maintenance contractor PMM. Please contact the PMM On-Site Team (202-695-9433) to see if your item has been found or to turn in an item you've found.

<u>AUGUST 14 2016</u>	
<b>Attendance:</b>	<b>172</b>
<b>Pledge &amp; Plate collection:</b>	<b>\$3,606.84</b>



The Honduras Cross, above the central altar platform, symbolizes St. Mark's connection with the broader Anglican Communion and our obligations to our sisters and brothers around the world, particularly with our sister congregations in the San Marcos Cluster in Honduras. Eileen Blumenthal and the 2000 Mission to Honduras designed the cross, and Eileen commissioned its construction in Honduras as a gift to St. Mark's community .



## SUNDAY WORSHIP SCHEDULE

<b>9:00 am</b>	<b>Holy Eucharist</b> ( <i>Family Eucharist is celebrated the second Sunday of most months</i> )
<b>9:00 am</b>	<b>Children's Chapel</b> ( <i>not offered when Family Eucharist is celebrated at 9:00 am</i> )
<b>10:00 am</b>	<b>Sermon Seminar</b>
<b>11:15 am</b>	<b>Holy Eucharist</b>
<b>5:00 pm</b>	<b>Contemplative Eucharist</b>

***We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.***

# THE LITURGY OF THE WORD

## Opening Sentences

Presider Blessed be the one, holy, and living God.  
People **Glory to God for ever and ever.**

*Silence is observed.*

## The Collect

Presider God be with you.  
All **And also with you.**

Presider Let us pray.  
All **Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever . Amen.**

## The First Reading Jeremiah 1:4-10

The word of the LORD came to me saying,

"Before I formed you in the womb I knew you,  
and before you were born I consecrated you;  
I appointed you a prophet to the nations."

Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy." But the LORD said to me,

"Do not say, 'I am only a boy';  
for you shall go to all to whom I send you,  
and you shall speak whatever I command you,  
Do not be afraid of them,  
for I am with you to deliver you,

says the LORD."

Then the LORD put out his hand and touched my mouth; and the LORD said to me,

"Now I have put my words in your mouth.  
See, today I appoint you over nations and over kingdoms,  
to pluck up and to pull down,  
to destroy and to overthrow,  
to build and to plant."

Reader Let us hear what the Spirit says to us.  
People **Thanks be to God.**

*A period of silence is observed.*

## **The Holy Gospel** Luke 13:10-17

Gospeller      The Gospel of Jesus according to Luke.

**People**      **Glory to you, O Christ.**

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

Gospeller      The Gospel of Jesus.

**People**      **Praise to you, O Christ.**

## **The Homily**

*The Reverend R. Justice Schunior*

## **Music for Meditation**

*A period of silence is observed.*

## **An Affirmation**

Presider      Let us affirm our faith together:

**People**      **We believe in God the Creator,**

**By whom every person in heaven and on earth is named.**

**We believe in God the Son,**

**who lives in our hearts through faith, and fills us with his love.**

**We believe in God the Holy Spirit,**

**who strengthens us with power from on high.**

**We believe in one God: Creator, Redeemer, and Sustainer. Amen.**

## **Prayers of the People**

Leader      God, you do not create us to live alone and you have not made us all alike. We thank you for the varied societies into which we come, by which we are brought up, and through which we discover your purpose for our lives. In gratitude we pray for our fellows.

This is my commandment:

**People**      **Love one another, as I have loved you.**

Leader      We pray for our families, with whom we live day by day. May this most search-

ing test of our character not find us broken and empty. By all that we do and say help us to build up the faith and confidence of those we love, and when we quarrel, help us to forgive quickly.

This is my commandment:

**People** **Love one another, as I have loved you.**

Leader

We pray for the places where we work, that there we may be workers who have no need to be ashamed. We ask to be reliable rather than successful, worthy of trust rather than popular. Whether those we work with be many or few, may we help to give them the sense that they are personally wanted and cared for.

This is my commandment:

**People** **Love one another, as I have loved you.**

Leader

We pray for the communities to which we belong, that we may be good citizens. Make us willing to accept responsibility when we are called to it; make us willing also to give place to others, that they too may have their opportunity. Grant that our influence may be good and not evil.

This is my commandment:

**People** **Love one another, as I have loved you.**

Leader

We pray for the generation to which we belong, those with whom we share a common fund of memory, common standards of behavior, and a common attitude toward the world. Grant that the presence of Christ may be so real to us that we may be able to help our generation to see him also as our contemporary.

This is my commandment:

**People** **Love one another, as I have loved you.**

Leader

God, into whose world we come and from whose world finally we must go: we thank you for all those people, great and humble, who have maintained the fabric of the world's life in the past and left us a great inheritance. May we take up and encourage what is good, and hand it on to those who come after, believing that our work in your name will not be wasted or in vain.

This is my commandment:

**People** **Love one another, as I have loved you.**

Leader

We invite all to offer prayers of petition, intercession, or thanksgiving silently or if aloud, ending with "This is my prayer," to which all will respond, "**Amen.**"

*A time for individual prayers is observed.*

Leader

Let us pray.

**People**

**We offer our prayers in the faith that you, O God, love us, that Jesus our risen brother walks with us, and that the Holy Spirit strengthens us. Amen.**

## A Prayer of Confession

Presider Let us confess our sins against God and our neighbor.

*Silence is observed.*

**People** Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

## Absolution

Presider God forgives you; forgive yourself and go in peace.

**All** Amen.

## The Peace

Presider God's peace be always with you.

**People** And also with you.

*All, one with another, exchange a sign of peace.*

## Welcome

## Clergy Greeting

## Announcements

# THE LITURGY OF THE TABLE

## Eucharistic Prayer

Presider God be with you.

**People** And also with you.

Presider Lift up your hearts.

**People** We lift them to God.

Presider Let us give thanks to God.

**People** It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty Father, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

## **Sanctus**

**All Holy, Holy, Holy Lord,  
God of power and might.  
Heaven and earth are filled with your glory.  
Hosanna in the highest.  
Blessed is one who comes in the name of the Lord.  
Hosanna in the highest.**

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, to this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory.**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and

daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

**All**            **Amen.**

### **The Lord's Prayer**

Presider        And now, as our Savior Jesus taught us, we pray:

**People**        **Our Father, who art in heaven, hallowed be thy Name.**

**Thy kingdom come, thy will be done on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our trespasses**

**as we forgive those who trespass against us.**

**Lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, the power, and the glory forever and ever.**

**Amen.**

### **Breaking of the Bread**

Presider        Alleluia! Christ our Passover is sacrificed for us.

**All**            **Therefore let us keep the feast. Alleluia!**

### **The Invitation to Communion**

Presider        We, St. Mark's, recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all.

Therefore whoever we are, from wherever we have come, and whatever we believe,

**All**            **All are welcome and invited to receive. Amen!**

### **The Communion**

*Please gather one group at a time around the altar. Gluten-free wafers and grape juice are available; please make your needs known to the minister.*

### **Music for Communion**

### **Post Communion Prayer**

Presider        Together, let us pray.

**All**            **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Jesus Christ our Lord. Amen.**



## **The Blessing**

Presider Life is short, and we have but little time to gladden the hearts of those who make the journey with us. So be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and forever.

**All Amen.**

## **Dismissal**

Presider Go into the world and know how much a tired and hurting world needs your strength and gladness, for there are deeds of compassion and courage that will never be done unless you do them; and words of hope and healing that will never be spoken unless you speak them. And now let us go forth into the world in peace, to love and serve the Lord.

**People Thanks be to God.**

## **Liturgy Request**

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

## **Liturgy Source**

Opening Sentences, Enriching Our Worship; Collect and Eucharistic Prayer, Book of Common Prayer; Prayers of the People, The Wideness of God's Mercy: Litanies to Enlarge Our Prayer; Blessing, based on the words of Henri Frederic Amiel; Dismissal, Episcopal Relief and Development.

✕ ✕ ✕

*Following the service please join us for Holy Happy Hour, at which we share conversation, food, & drink.*

✕ ✕ ✕

**Liturgical Leadership**  
Jennifer Cate, Verger

✕ ✕ ✕



## PARISH PRAYER LIST

Gladys Anderson (*Matt Patton's grandmother*) • Grace Aspinall • Federica Barrow •  
Pamela Blumgart • Janice Brown • Lynda Bugge •  
Sylvie Kalas Braddock (*Barbara Nelson's granddaughter*) •  
Anne Carter (*Justi Schunior's mother*) • Joya Cox • Deborah Cunningham •  
Andrew Earnest (*Paul & Lynda Bugge's grandson*) •  
Taylor Emerson (*Randy Marks' niece*) • Dave Haglund • Celia Hahn • Rick Hayes •  
Alice Kistler (*Kathryn Powers' sister*) • Dennis Lewis • Elizabeth Long •  
Lilly March • Nat Marks • Lila Marks •  
Lina Marks (*Randy Marks' mother*) • Barbara Nelson •  
Leslie F. Nickerson (*Frank Nickerson's father and Amelia Nickerson's grandfather*) •  
Randell Prothro • Marilyn Stiles • Arnold Taylor •



### *THOSE WHO HAVE DIED*

Juanita Irvin (*Justi Schunior's grandmother*)



Vincent Alcazar (*Parishioner*)  
Clint Billings (*son of Kevin Billings and Mary Louise Wagner*)  
P. J. Boehm (*brother of Rachel Boehm*)  
Micheal Boone (*son of Edna Boone*)  
Stephen Dannenmaier (*brother and brother-in-law of Bill and Molly Dannenmaier*)  
Jason Earnest (*son of Erika Bugge, grandson of Paul Bugge and Lynda Smith-Bugge*)  
David Fuller (*son of Brock and Penny Hansen*)  
Weston Zarek (*son of Tom Zarek*)



### CYCLE OF PRAYER

IN THE DIOCESE OF WASHINGTON:

St. Mary's Church  
St. Mary's Court  
St. Mary's Scholarship Committee

IN THE ANGLICAN COMMUNION:

PRAY for The Anglican Church of Southern Africa  
The Most Revd Dr Thabo Makgoba  
Archbishop of Capetown and Primate of Southern Africa



# ANNOUNCEMENTS

*Announcements, not to exceed 150 words, are to be submitted to [diana.church@stmarks.net](mailto:diana.church@stmarks.net) by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.*

**Official Parish Calendar online at: <http://www.stmarks.net/calendar/>**

## From the Office

1. **Staff Transition:** While we are sad to see Diana Church leave, we are pleased to welcome Andrea Wood as our temporary Parish Administrator. During this time of transition, Andrea will take over managing the parish calendar and a variety of additional day-to-day tasks that enable the church to run smoothly and efficiently, while Diana will continue to produce the weekly bulletins from her new home in Connecticut. You can reach Andrea at 202-543-0053 x306 or [parishadmin@stmarks.net](mailto:parishadmin@stmarks.net). Welcome, Andrea!
2. **NEED SOMETHING UPDATED ON THE NEW WEBSITE?** Now that the new St. Mark's website is up and running, we are focusing on making sure all content is fresh, updated and accurate. If you are the leader of a group at St. Mark's and would like to see new or updated content in your area of the site, please contact Mike Townsend at [orangemike@verizon.net](mailto:orangemike@verizon.net). If your group or activity does not have a "home" on the new site, please let Mike know and he will work with you to be sure your information has a place in the site. The goal is to make all these updates between August 15-30, so that our site is at its very best as we head into the busy fall at St. Mark's, which is also a prime church-shopping season for visitors and newcomers.
3. **Help needed for data clean up!** St. Mark's is getting ready to move to a new membership database. Our current one is out of date and new technology can help us keep information current. However, we need to make sure our current records are accurate. Copies of the current directory will be available for you to check and correct with your current information at the table in the foyer. Please take a minute to stop by and update your information (even if you believe you've already given your information to the office).

## From the Vestry & Parish Leadership

4. **2017 Canvass:** We're starting off the 2017 Canvass just as we did last year, by asking our faithful canvassers to call our members and Make Connections to find out how things are going and what concerns/suggestions folks may have. Last year, this feedback was relayed as appropriate to the clergy and parish leadership, who got great benefit from the better understanding of the state of our parish. If you have volunteered to be a canvasser, thank you so much! Otherwise, stand by to get your call -- and be ready to let us know how things are going for you. Questions? Send emails to Nora Howell at [stmarkscanvass@gmail.com](mailto:stmarkscanvass@gmail.com).
5. **Invitation to Gardeners:** The garden along 3rd Street is awaiting a rain garden. There are purple and white balloon flowers that will be lost. If you would like these for your garden, please dig up at will. *If you'd like to help weed-whack, please contact Fritz Henn!*

## Worship

6. **Bread Rota Sign-up:** Thanks to all who have signed up for July and August and 2 in September. This is a reminder that for August and September we will be using the wine supply that has, for various reasons, grown too large to easily store. So please, continue to sign up for just the bread. Early next month we will add October. Keep an eye out. Sign up: <http://www.signupgenius.com/go/20f0949acac29a6fe3-bread>

7. **MARK YOUR CALENDARS (the sometimes) 10:00 am Morning Services:** On the rare occasion that we only have the 10am and 5pm service we wanted to make sure that you had the dates. Here they are.
- September 11 - Kickoff Sunday and All Parish Picnic
  - October 2 - Earth Mass & Blessing of the Pets

### **Christian Education**

8. **Teacher Orientation:** If you are teaching a class this year, please come to one of the orientation sessions on Sunday, August 28th at 11:00 AM and 12:30 PM in the Adams Room. For Sunday School teachers we will go over important topics such as child safety, parental permission forms, and supplies. For teachers of the adult classes we'll go over building access issues, key distribution and other pertinent information. We hope you will be able to make it and thank you for providing your valuable service to the Christian Education program. Questions? Contact Joe Calizo (jcalizo@gmail.com) and Lucy Brown (lucybrown66@gmail.com).
9. **Important Sunday School Announcements:** Sunday School will start on October 18. There will be a Sunday School Open House for families to meet their teachers and see their classrooms on Sunday, October 11, after the 10:00 AM service. Questions? Contact Joe Calizo (jcalizo@gmail.com) and Lucy Brown (lucybrown66@gmail.com).
10. **CATECHESIS TRAINING:** Have you ever thought about how lovely it would be to sit in peace with small children, praying and singing and working with materials to deepen their – and your – relationship with God? The fundamental Catechesis training is a great opportunity to delve into the basics of our faith, learn a language to speak about God with children, and learn how to “be” with children in Sunday School’s Montessori-based Catechesis program. The format is one Saturday a month through May 2017, with the first session on Saturday, September 24<sup>th</sup>, from 9:00 am to 4:00 pm in the Library. Following sessions will be settled on during our first meeting. It’s not necessary to teach Sunday School during the same year you take the training, but it helps reinforce what you learn! Call or email Nora Howell at 703-328-1376 / nora.howell.va@gmail.com to learn more and sign up.

### **Music & Arts**

11. **Today! Yoga Nidra (Deep Relaxation)** Sunday 8/21, 6 - 7:30pm, Dance Studio. One of the deepest contemplative practices, guided by St. Mark’s Yoga Center’s highly experienced teacher, Pamela. Blankets/mats available, but you may wish to bring additional pillows or comforter. \$15 drop in, class pass or come for Hatha at 4:30 and stay for Yoga Nidra for free.
12. **Love Your Heart Yoga** Sunday 9/11, 2 - 4pm, Dance Studio. Experience the therapeutic benefits of Yoga in addressing issues of the heart, to include heart disease and high blood pressure and loneliness and depression. No experience in Yoga necessary. See flier in foyer. \$30 advance, or \$40 door.
13. **DANCE STUDIO FALL REGISTRATION IN THE DANCE STUDIO.** Friday September 9, 2016 from 3:00 pm - 6:00 pm and Saturday September 10, 2016 from 9:00 am - 12 noon. Classes for all ages...Dance, Pilates, Mat Exercise with weights, Exercise in a chair with weights.
14. **MUSIC LESSONS.** The St. Mark’s Music Studio offers voice lessons with Kellie McHugh (kellie.mchugh.81@gmail.com) and Adam Caughey (adamcaughey@gmail.com) and piano lessons with Jeff Kempeskie (jeff.kempeskie@stmarks.net). Students of all ages and levels of experience are welcome

15. **DO YOU LIKE TO SING OR PLAY AN INSTRUMENT?** If so, we want to know! Singers of all voice parts are needed in the Chancel Choir (regular Thursday 7:30-9:30 pm rehearsals in the nave resume Sep. 1). Teens are invited to sing with the Teen Choir and children are invited to sing with the Boys & Girls Choir (both rehearse Sundays, 11-11:45 in the Music Studio & Elders' Room, respectively, starting Sep. 10). No prior experience necessary. There are also opportunities to play solo instrumental pieces year-round. Please contact [jeff.kempskie@stmarks.net](mailto:jeff.kempskie@stmarks.net).

### Outreach

16. **SOUP KITCHEN SANDWICH MAKING TODAY!** Please join us in Baxter Hall today, from 4:30 – 5:00 PM, as we prepare 200 sandwiches for Sunday Suppers, a group providing Sunday evening meals to needy souls. **We always need at least 4-5 sandwich making volunteers!** Please help us with this important program. Questions? Contact Jack Richards or Alix Pereira (917) 723-2308.
17. **CHURCH OF THE BRETHREN SOUP KITCHEN VOLUNTEERS NEEDED:** The Washington City Church of the Brethren (COB), located at the corner of N. Carolina Avenue and 4<sup>th</sup> Street, SE, needs volunteers to assist with their soup kitchen operations, which functions weekly on Monday, Tuesday, Thursday and Friday, from 11:30 a.m. to 1:30 P.M. Volunteers provide assistance with food preparation, service, and clean up, from 10:00 a.m. to 2:30 P.M. Volunteers may opt for the entire process or choose a specific activity (prepping, serving or clean-up). Interested persons must complete a volunteer application, available online at [www.washingtoncitycob.org/bnp](http://www.washingtoncitycob.org/bnp). Questions may be referred to Carolyn Nestman, Food Ministries Coordinator at COB or call the church office at 202 547-5924. Questions may also be referred to Jack Richards, St. Mark's Soup Kitchen Team. (703) 751-1456.
18. **Salvation Army Grate Patrol** – Our next Sunday is August 28<sup>th</sup>. Please join us in the Parish Hall after the 10:00 sermon seminar to make 200 bagged meals for the Salvation Army's Grate Patrol van to distribute Sunday evening. Future Sundays for your planning purposes are 9/25 and 10/23.
19. **Sip & Savor with CHGM at Eastern Market on Saturday, August 27th, 7-10 p.m.!** Capitol Hill Group Ministry (CHGM) will hold its inaugural Sip & Savor event the evening of Saturday, August 27th at the historic Eastern Market's North Hall. Sip & Savor will be a lively celebration of local craft beer, food, and music--all in support of our homeless neighbors. Sip & Savor will replace our annual golf tournament as CHGM's major event fundraiser. We are excited to be able to include more of our community and to bring our major special event home to the Hill! Join us for unlimited food samples and beer tastings from many of the Capitol Hill area's best restaurants and breweries while you enjoy music performed by local artists and bid on fabulous silent auction prizes. For more information and to purchase tickets and sponsorships, visit <http://sipandsavor.chgm.net>. We'll see you there!
20. **Refugee Resettlement – What Are We Waiting For?** We're continuing to work with our neighbors at Lutheran Church of the Reformation on East Capitol. The most important thing to know is that this process is like adoption – we have no idea how much advance word we will have about the family's arrival. "We know not the day or the hour." However, unlike adoption, we also don't know what to expect in terms of the family – how many members, what ages, language training, etc. As soon as we have more details, we will share them but in the meantime, if you haven't already told us of your interest in joining this partnership, please let one of us know: Karen Getman at [karen.getman@gmail.com](mailto:karen.getman@gmail.com), Mandy Paust at [paustak@gmail.com](mailto:paustak@gmail.com) or Maureen Shea at [mtshea@aol.com](mailto:mtshea@aol.com) on behalf of the Mid East Working Group.
22. **Toiletries and Dried Foods Needed for Samaritan Ministry.** The Samaritan Ministry currently has a sufficient supply of canned food but still needs pasta, cereal, Rice-a-Roni, and other dried food products as well as full-size toiletries for both men and women. Small, easily portable juice cartons are also needed. For questions, contact Ellen Frost, [ellefrost@earthlink.net](mailto:ellefrost@earthlink.net).

16. **Monday, August 22 is Family Night with our friends at Capitol Hill Group Ministry.** Family Night is a great (and fun) opportunity to deepen relationships with CHGM client families and staff in this important outreach to the community. Please join us for dinner, distribution of brand new school backpacks and singing in Baxter Hall, from 6 to 8 pm. Want to help? Here are three ways:
- Bring a side dish for the dinner. Please be in touch with Marlan Green, (marlangreen@gmail.com) or 202-486-9624, to determine what to bring.
  - Contribute to the backpack fund, contact Lisa Ramish, lisa.ramish@gmail.com or 202-315-6106.
  - Help host our guests, contact Stephanie Deutsch at scd@his.com or 202-547-8624.
22. **VOLUNTEERS NEEDED FOR SUNDAY SUPPERS:** Sunday Suppers is a local, non-profit that serves the homeless meals at two D.C. locations every Sunday night. Volunteers serve a hot meal and exchange conversation and fellowship in sit-down, table situations with people living on the street. There are no pre-requisites to volunteer; timing and length of your participation on any Sunday night is flexible. Join the group at 6:00 P.M. at 4<sup>th</sup> and K Streets, NW or at 11<sup>th</sup> and N Streets NW at 7:30 P.M (concludes by 8:30 P.M.). For more information visit the website at <http://www.sundaysuppers.org> or speak with Jack Richards or Alix Pereira.
23. **VOLUNTEER TO PROVIDE LUNCH TO CHGM's MONDAY PARENTING CLASS THIS FALL.** Sign up to deliver 10 simple sandwich and fruit lunches for Capitol Hill Group Ministry's clients who participate in this class led by CHGM's mental health wellness coordinator. You would deliver the lunches between 8 and 11 to Shirley's Place at 1338 G ST SE. These lunches provide the catalyst for building trust needed for clients to open up to addressing hard issues. More information and signup for the Fall series is at <http://tinyurl.com/CHGMLunches>. Contact Susan Sedgewick (jssedgewick@gmail.com) if you have question and/or need help in participating in this ministry .

### *Parish Life*

25. **To our St. Mark's Family:** The entire Miller family is enormously grateful for all the loving support, hugs, food and flowers, hugs, cards and calls, hugs, and visits from so many of you during Crane's last months of illness, his funeral, and the weeks thereafter. You made his funeral a joyous celebration of Crane's life and gladdened all of our hearts! Thank you very, very much. With love (and hugs to come!), Jane and the Miller Family
26. **LILLY MARCH PARISH LUNCHEON THANKS.** A great thanks to the over 50 people who attended the Parish Luncheon for Lilly March on August 14<sup>th</sup>. First, to Lilly for turning 95 and letting us celebrate with her, then to the over 20 people who contributed such great food and drinks, and finally to Heather Powers who did so much of the set-up. I encourage you to coordinate a lunch – it's not a big job with help from your friends. Raiford Gaffney [rgaffneydc@gmail.com](mailto:rgaffneydc@gmail.com)
27. **COME HEAR LOU BAYARD ON OCT 1 TALK ABOUT HIS NEW NOVEL, *LUCKY STRIKES!* "The 14-Year-Old Girl in All of Us: A Middle Ager Becomes a Young Adult"** All are welcome. Bring an appetizer or main dish to serve 8 at the Potluck luncheon sponsored by the Third Agers. Dessert and setups for coffee and tea will be provided. Start time in Baxter Hall is 11am. RSVP to [stmarks-thirdagers@gmail.com](mailto:stmarks-thirdagers@gmail.com) or Barbara Harvey at [bsh33@cornell.edu](mailto:bsh33@cornell.edu). Questions?? Ask Don Gangloff, Barbara Harvey or Susan Sedgewick, Third Agers Coordinators.
28. **Mark Your Calendar** for St. Mark's Halloween Costume Dance on evening of Friday, October 28. All are welcome, including children of all ages! Plan your costume now. Details forthcoming.

29. **READING GROUP** meets the first Monday of every month in the Dozier library downstairs opposite the nursery at 7:30 p.m. For September 5 we are reading *Souls in the Night* by Kent Haruf which is short enough to read in one sitting. For October 3 we will read *Between the World and Me* by Nehisi Coates. If you have read the book, please join us for the discussion. **Contact:** Linda Ewald ([llerbe@yahoo.com](mailto:llerbe@yahoo.com), 301 541-5133).
30. **LOOKING FOR HELP WITH HOUSEHOLD SERVICES?** Help David Durant help you. After Easter, St. Mark's replaced Green Maintenance with PMM as its janitorial services provider. GM laid off David Durant who had worked at SM for 7 years. Since then, David has actively sought permanent employment. Meanwhile, he has only been able to obtain sporadic work such as detailing cars, indoor carpet cleaning, raking yards, etc.). Except for these odd jobs, and contributions from a few parishioners, he has received no other financial support; his present situation is urgent. In her letter of recommendation, Michele described David as efficient, very diligent and hardworking with a passion for caring for the people of St. Mark's. To help him obtain part-time employment or to perform odd jobs for you or your neighbors, please contact Penny Farley ([p3farley@verizon.net](mailto:p3farley@verizon.net)), Pete Eveleth ([peter.eveleth@gmail.com](mailto:peter.eveleth@gmail.com)) or Nat White ([whitenat1938@gmail.com](mailto:whitenat1938@gmail.com)).
31. **CAREGIVERS SUPPORT GROUP** for those caring for seriously ill or otherwise incapacitated loved ones. Normally, this group meets two Sundays of each month. The group will meet next on Sunday, August 28 2016. **Contact:** Mary Welker ([marymwelker@aol.com](mailto:marymwelker@aol.com), 202-387-4083) or Pamela Blumgart ([pjblumgart@mail.com](mailto:pjblumgart@mail.com), 202-631-4936). **When:** SUNDAY, August 28, 1:30 pm. **Where:** Dozier Library.

### **Youth & Family Ministries**

33. **TODAY!! AUGUST SUMMER SUNDAY SCHOOL:** We have a special month planned for Sunday School in August! St. Mark's youth of all ages are encouraged to Join us today and next week in the Adams Room as we work on our own fun theatrical interpretation of the Good Samaritan story! Join us on the 7th as we create roles, the 14th as we design sets and costumes, the 21st as we rehearse, and the 28th as we perform for our friends and parents! Parents and parishioners: We still need volunteers to help us out on Sunday mornings! Email Caroline if you are available.
34. **SERVICE OPPORTUNITY: CHGM FAMILY NIGHT:** St. Mark's is once again hosting the back to school Family Night for Capitol Hill Group Ministries' shelter families on Monday, August 22 in Baxter Hall. Just as the youth wrapped gifts for the Christmas Family Night, we are stepping up again to stuff backpacks to be distributed at the dinner so that the kids are ready for school! Join us on **Monday, August 22** to help out at the dinner! This opportunity is open to youth and families of all ages! Email Caroline for more information.
35. **AUGUST 28 SERVICE TRIPS CELEBRATION:** ALL PARISHIONERS Join us in Baxter Hall after the 11:15am service on Sunday, August 28 for a special celebration of our High School and Middle School summer service trips! Come for a yummy lunch, hear the youth share about their experiences, and watch a picture video recapping each trip. This is a great way to support the youth program and to let us say thank you for making these summer trips a success!
36. **SEPTEMBER 11 PARISH PICNIC:** Join us for food, games, and fun activities after the service on Sunday, September 11! This is a lively back-to-school celebration to bring our parish together after summer break. **TEENS AND PARENTS:** We need your help! Email Caroline to volunteer.
37. **SEPTEMBER 18 FALL PARENTS MEETING:** Our annual Fall Information Meeting will take place at 10am in the Adams Room on September 18 (the first day of Sunday School). Parents and families of youth are encouraged to attend for a fall calendar, event information, and volunteer opportunities.

## THIS WEEK AT ST. MARK'S: AUGUST 18 TO AUGUST 28

### SUNDAY, AUGUST 21

9:00 am — 10:00 am	<b>Holy Eucharist</b> <i>Nave</i>
9:30 am — 11:30 am	Summer Sunday School <i>Adams Room</i>
10:00 am — 11:00 am	<b>Sermon Seminar</b> <i>Nave</i>
11:15 am — 12:30 pm	<b>Holy Eucharist</b> <i>Nave</i>
1:15 pm — 3:15 pm	Vestry Meeting <i>Elders Room</i>
4:30 pm — 6:00 pm	Soup Kitchen <i>Baxter Hall</i>
4:30 pm — 6:00 pm	Sunday Yoga—Sivananda Hatha <i>Craighill Dance Studio</i>
5:00 pm — 6:00 pm	<b>Contemplative Eucharist</b> <i>Nave</i>
6:00 pm — 7:30 pm	Yoga Nidra <i>Craighill Dance Studio</i>

### MONDAY, AUGUST 22

10:00 am — 10:45 am	Intro to Pilates <i>Craighill Dance Studio</i>
11:30 am — 12:15 pm	Intermediate Pilates <i>Craighill Dance Studio</i>
12:30 pm — 1:15 pm	Advanced/Beginner Pilates <i>Craighill Dance Studio</i>
6:00 pm — 7:30 pm	Monday Yoga Class—Sivananda Gentle <i>Craighill Dance Studio</i>
6:30 pm — 8:30 pm	Capitol Hill Group Ministry Back to School Family Night, <i>Baxter Hall</i>
7:30 pm — 9:00 pm	SMMC Monday Meditation <i>Nave</i>

### TUESDAY, AUGUST 23

12:15 pm — 1:15 pm	Sivananda Hatha Yoga <i>Craighill Dance Studio</i>
3:30 pm — 4:30 pm	Staff Meeting <i>Abernathy Conference Room</i>
4:00 pm — 6:00 pm	Ballet Teen/Pre-Pointe <i>Craighill Dance Studio</i>
6:00 pm — 7:05 pm	Vinyasa Flow Yoga <i>Adams Room</i>
6:15 pm — 7:30 pm	Intermediate Ballet Adult <i>Craighill Dance Studio</i>
6:30 pm — 10:30 pm	Auditions for St. Mark's Players' Fall Production <i>Nave</i>
7:30 pm — 8:30 pm	Jazz Adult <i>Craighill Dance Studio</i>

### WEDNESDAY, AUGUST 24

11:30 am — 12:30 pm	Mat Exercise with Weights <i>Craighill Dance Studio</i>
4:00 pm — 6:00 pm	Ballet Teen/Pre-Pointe <i>Craighill Dance Studio</i>
6:30 pm — 7:30 pm	Adult Pointe <i>Craighill Dance Studio</i>
6:30 pm — 10:30 pm	Auditions for St. Mark's Players' Fall Production <i>Nave</i>



## THIS WEEK AT ST. MARK'S: AUGUST 18 TO AUGUST 28

### THURSDAY, AUGUST 25

12:00 pm — 12:30 pm	<b>Holy Eucharist Chapel</b> <i>(in Nave)</i>
12:15 pm — 1:15 pm	Adult Beginner Dance <i>Craighill Dance Studio</i>
6:15 pm — 7:30 pm	Intermediate Ballet <i>Craighill Dance Studio</i>
6:30 pm — 10:30 pm	Auditions for St. Mark's Players' Fall Production <i>Nave</i>
7:30 pm — 8:15 pm	Pilates Advance/Beginner <i>Craighill Dance Studio</i>

### FRIDAY, AUGUST 26

11:45 am — 12:30 pm	Chair Exercise with Weights <i>Craighill Dance Studio</i>
6:00 pm — 8:00 pm	Women's AA Meeting <i>Adams Room</i>

### SATURDAY, AUGUST 27

9:00 am — 2:00 pm	Chancel Choir Retreat <i>Baxter Hall, Nave</i>
9:30 am — 1:30 pm	Auditions for St. Mark's Players' Fall Production <i>Nave</i>
11:45 am — 12:30 pm	Adult Beginner Ballet <i>Craighill Dance Studio</i>
4:00 pm — 6:00 pm	Music Studio Recital <i>Nave</i>
6:00 pm — 8:00 pm	AA Meeting <i>Adams Room</i>

### SUNDAY, AUGUST 28

9:00 am — 10:00 am	<b>Holy Eucharist Nave</b>
9:30 am — 11:30 am	Summer Sunday School <i>Elders Room</i>
10:00 am — 11:00 am	<b>Sermon Seminar Nave</b>
10:00 am — 11:30 am	Grate Patrol <i>Baxter Hall</i>
10:00 am — 1:30 pm	Christian Education Teacher Orientation, <i>Adams Room</i>
11:15 am — 12:30 pm	<b>Holy Eucharist Nave</b>
12:30 pm — 2:30 pm	Service Trip Celebration Lunch <i>Baxter Hall</i>
1:30 pm — 2:30 pm	Caregivers Support Group, <i>Dozier Library</i>
5:00 pm — 6:00 pm	<b>Contemplative Eucharist Nave</b>

**MOST CURRENT Calendar online at: <http://www.stmarks.net/calendar/>**

# ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

+

301 A STREET, SE  
WASHINGTON, DC 20003

202-543-0053 (PHONE)

202-546-3695 (FAX)

WWW.STMARKS.NET

## Office Directory

The Reverend Michele H. Morgan, Priest-in-Charge	michele.morgan@stmarks.net
The Reverend R. Justice ("Justi") Schunior, Associate Rector	justi.schunior@stmarks.net
Jeff Kempskie, Director of Music	jeff.kempskie@stmarks.net
Caroline McReynolds-Adams, Director of Youth & Family Ministries	caroline.mcreynoldsadams@stmarks.net
Diana Church, Parish Administrator for Programs and Facilities	diana.church@stmarks.net
Patricia Schans, Finance Manager	patricia.schans@stmarks.net
PMM, Maintenance Contractor	
Monica Robles, PMM Staff Onsite Contact	

*Adjunct Clergy:* The Reverends Susan Flanders, William Flanders

## The Vestry

Senior Warden	Peter Sherer	seniorwarden.saintmarks@gmail.com
Junior Warden	Doris Burton	stmarksjuniorwarden@gmail.com
Class of '17	Fritz Henn, Martha Huizenga, Stephen Dalzell	
Class of '18	Doug Jackson, Christina White, Karen Wiedemann	
Class of '19	Stephanie Deutsch, Thia Hamilton, Beth Mahood	
Officers	Andrew Stafford, <i>Treasurer</i>	
	Martha Huizenga, <i>Assistant Treasurer</i>	
	Mary Anderson Cooper, <i>Register</i>	
	Jack Burton, <i>Manciple</i>	
	Michael Knipe, <i>Counsel</i>	

## Diocesan Delegates

Jim Steed      Joe Tarantolo      Bill Dickinson

Sunday, August 21, 2016  
The Fourteenth Sunday after Pentecost



## Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

*Go in peace and return often!*

**After completing, please tear off this page and place in offering plate or give to greeter:**

*(please print)*

I attended:

- 9 am Holy Eucharist
- 10 am Sermon Seminar
- 11:15 am Holy Eucharist
- 5 pm Contemplative Eucharist
- Special (wedding, funeral, etc.)

Name \_\_\_\_\_

Email \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

I am interested in learning more about:

- Baptism (child, adult)
- Getting married at St. Mark's
- Music (choir, lessons)
- Children/youth classes & programs
- Adult classes
- Senior programs/activities
- Outreach/community service
- Environmental issues
- Yoga classes
- Dance classes
- St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergy person?

- Yes
- No