



WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

**THE THIRTEENTH SUNDAY AFTER PENTECOST**

**AUGUST 14, 2016**

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**5:00 PM CONTEMPLATIVE EUCHARIST**

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**Presider & Homilist**  
The Reverend Michele H. Morgan

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.  
**Hearing** – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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## ST. MARK'S MISSION STATEMENT

*St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.*



**Childcare: the Nursery is open!** Children up to age 3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, which will be the last room on your right.

**The Parish Calendar is Online at** [www.stmarks.net/calendar/month](http://www.stmarks.net/calendar/month).

**Restrooms and water fountains** are available in the foyer and on the lower level.

**Lost & Found** is managed by our new maintenance contractor PMM. Please contact the PMM On-Site Team (202-695-9433) to see if your item has been found or to turn in an item you've found.

<u>AUGUST 7, 2016</u>	
<b>Attendance:</b>	<b>194</b>
<b>Pledge &amp; Plate collection:</b>	<b>\$7,087</b>



The Honduras Cross, above the central altar platform, symbolizes St. Mark's connection with the broader Anglican Communion and our obligations to our sisters and brothers around the world, particularly with our sister congregations in the San Marcos Cluster in Honduras. Eileen Blumenthal and the 2000 Mission to Honduras designed the cross, and Eileen commissioned its construction in Honduras as a gift to St. Mark's community .



## SUNDAY WORSHIP SCHEDULE

<b>9:00 am</b>	<b>Holy Eucharist</b> ( <i>Family Eucharist is celebrated the second Sunday of most months</i> )
<b>9:00 am</b>	<b>Children's Chapel</b> ( <i>not offered when Family Eucharist is celebrated at 9:00 am</i> )
<b>10:00 am</b>	<b>Sermon Seminar</b>
<b>11:15 am</b>	<b>Holy Eucharist</b>
<b>5:00 pm</b>	<b>Contemplative Eucharist</b>

***We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.***

# THE LITURGY OF THE WORD

## Opening Sentences

Presider Blessed be the one, holy, and living God.  
People **Glory to God for ever and ever.**

*Silence is observed.*

## The Collect

Presider God be with you.  
All **And also with you.**

Presider Let us pray.  
All **God of restless fire, and urgent river's flow: unsettle the false peace which hides our divisions; unfold our hearts to sense your presence; unloose your kingdom and make us one in Jesus Christ, the first of many brothers and sisters. Amen.**

## The First Reading Jeremiah 23:23-29

Am I a God near by, says the Lord, and not a God far off? Who can hide in secret places so that I cannot see them? says the Lord. Do I not fill heaven and earth? says the Lord. I have heard what the prophets have said who prophesy lies in my name, saying, "I have dreamed, I have dreamed!" How long? Will the hearts of the prophets ever turn back-- those who prophesy lies, and who prophesy the deceit of their own heart? They plan to make my people forget my name by their dreams that they tell one another, just as their ancestors forgot my name for Baal. Let the prophet who has a dream tell the dream, but let the one who has my word speak my word faithfully. What has straw in common with wheat? says the Lord. Is not my word like fire, says the Lord, and like a hammer that breaks a rock in pieces?

Reader Let us hear what the Spirit says to us.  
People **Thanks be to God.**

*A period of silence is observed.*

## The Holy Gospel Luke 12:49-56

Gospeller The Gospel of Jesus according to Luke.  
People **Glory to you, O Christ.**

Jesus said, "I came to bring fire to the earth, and how I wish it were already kindled! I have a baptism with which to be baptized, and what stress I am under until it is completed! Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! From now on five in one household will be divided, three against two and two against three; they will be divided:

father against son  
and son against father,  
mother against daughter

and daughter against mother,  
mother-in-law against her daughter-in-law  
and daughter-in-law against mother-in-law."

He also said to the crowds, "When you see a cloud rising in the west, you immediately say, 'It is going to rain'; and so it happens. And when you see the south wind blowing, you say, 'There will be scorching heat'; and it happens. You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?"

Gospeller      The Gospel of Jesus.  
People          **Praise to you, O Christ.**

## The Homily

*The Reverend Michele H. Morgan*

## Music for Meditation

*A period of silence is observed.*

## An Affirmation

Presider      Let us affirm our faith together:  
People          **We believe in God the Creator,  
                    By whom every person in heaven and on earth is named.  
We believe in God the Son,  
                    who lives in our hearts through faith, and fills us with his love.  
We believe in God the Holy Spirit,  
                    who strengthens us with power from on high.  
We believe in one God: Creator, Redeemer, and Sustainer. Amen.**

## Prayers of the People

Leader      God, you do not create us to live alone and you have not made us all alike. We thank you for the varied societies into which we come, by which we are brought up, and through which we discover your purpose for our lives. In gratitude we pray for our fellows.

This is my commandment:

People      **Love one another, as I have loved you.**

Leader      We pray for our families, with whom we live day by day. May this most searching test of our character not find us broken and empty. By all that we do and say help us to build up the faith and confidence of those we love, and when we quarrel, help us to forgive quickly.

This is my commandment:

People      **Love one another, as I have loved you.**

Leader      We pray for the places where we work, that there we may be workers who have no need to be ashamed. We ask to be reliable rather than successful, worthy of trust rather than popular. Whether those we work with be many or few, may we help to give them the sense that they are personally wanted and

cared for.

This is my commandment:

**People Love one another, as I have loved you.**

Leader We pray for the communities to which we belong, that we may be good citizens. Make us willing to accept responsibility when we are called to it; make us willing also to give place to others, that they too may have their opportunity. Grant that our influence may be good and not evil.

This is my commandment:

**People Love one another, as I have loved you.**

Leader We pray for the generation to which we belong, those with whom we share a common fund of memory, common standards of behavior, and a common attitude toward the world. Grant that the presence of Christ may be so real to us that we may be able to help our generation to see him also as our contemporary.

This is my commandment:

**People Love one another, as I have loved you.**

Leader God, into whose world we come and from whose world finally we must go: we thank you for all those people, great and humble, who have maintained the fabric of the world's life in the past and left us a great inheritance. May we take up and encourage what is good, and hand it on to those who come after, believing that our work in your name will not be wasted or in vain.

This is my commandment:

**People Love one another, as I have loved you.**

Leader We invite all to offer prayers of petition, intercession, or thanksgiving silently or if aloud, ending with "This is my prayer," to which all will respond, "**Amen.**"

*A time for individual prayers is observed.*

Leader Let us pray.

**People We offer our prayers in the faith that you, O God, love us, that Jesus our risen brother walks with us, and that the Holy Spirit strengthens us. Amen.**

## **A Prayer of Confession**

Presider Let us confess our sins against God and our neighbor.

*Silence is observed.*

**People Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

### **Absolution**

Presider God forgives you; forgive yourself and go in peace.  
**All Amen.**

### **The Peace**

Presider God's peace be always with you.  
**People And also with you.**

*All, one with another, exchange a sign of peace.*

### **Welcome**

### **Clergy Greeting**

### **Announcements**

## **THE LITURGY OF THE TABLE**

### **Eucharistic Prayer**

Presider God be with you.  
**People And also with you.**

Presider Lift up your hearts.  
**People We lift them to God.**

Presider Let us give thanks to God.  
**People It is right to give our thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thank to you, Almighty Father, Creator of heaven and earth.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

### **Sanctus**

**All Holy, Holy, Holy Lord,  
God of power and might.  
Heaven and earth are filled with your glory.**

**Hosanna in the highest.**

**Blessed is one who comes in the name of the Lord.**

**Hosanna in the highest.**

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, to this for the remembrance of me."

Therefore, according to his command, O Father,

**All**

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory.**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

**All**

**Amen.**

### **The Lord's Prayer**

Presider

And now, as our Savior Jesus taught us, we pray:

**People**

**Our Father, who art in heaven, hallowed be thy Name.  
Thy kingdom come, thy will be done on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our trespasses  
as we forgive those who trespass against us.  
Lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory forever and ever.  
Amen.**

### **Breaking of the Bread**

Presider Alleluia! Christ our Passover is sacrificed for us.  
**All Therefore let us keep the feast. Alleluia!**

### **The Invitation to Communion**

Presider We, St. Mark's, recognize this as God's table set before us and for all and this bread and wine as God's food for us and for all.  
Therefore whoever we are, from wherever we have come, and whatever we believe,  
**All All are welcome and invited to receive. Amen!**

### **The Communion**

*Please gather one group at a time around the altar. Gluten-free wafers and grape juice are available; please make your needs known to the minister.*

### **Music for Communion**

### **Post Communion Prayer**

Presider Together, let us pray.  
**All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Jesus Christ our Lord. Amen.**

### **The Blessing**

Presider Life is short, and we have but little time to gladden the hearts of those who make the journey with us. So be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and forever.  
**All Amen.**



## **Dismissal**

**Presider** Go into the world and know how much a tired and hurting world needs your strength and gladness, for there are deeds of compassion and courage that will never be done unless you do them; and words of hope and healing that will never be spoken unless you speak them. And now let us go forth into the world in peace, to love and serve the Lord.

**People** **Thanks be to God.**

## **Liturgy Request**

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

## **Liturgy Source**

Collect, Prayers for an Inclusive Church; Blessing, based on the words of Henri Frederic Amiel; Dismissal, Episcopal Relief and Development.

✘ ✘ ✘

*Following the service please join us for Holy Happy Hour, at which we share conversation, food, & drink.*

✘ ✘ ✘

**Liturgical Leadership**  
Isabelle Cross, Verger

✘ ✘ ✘



## PARISH PRAYER LIST

Gladys Anderson (*Matt Patton's grandmother*) • Grace Aspinall • Federica Barrow •  
Pamela Blumgart • Janice Brown • Lynda Bugge •  
Sylvie Kalas Braddock (*Barbara Nelson's granddaughter*) •  
Anne Carter (*Justi's mother*) • Joya Cox • Deborah Cunningham •  
Andrew Earnest (*Paul & Lynda Bugge's grandson*) •  
Taylor Emerson (*Randy Marks' niece*) • Dave Haglund • Celia Hahn • Rick Hayes •  
Alice Kistler (*Kathryn Powers' sister*) • Dennis Lewis • Elizabeth Long •  
Lilly March • Nat Marks • Lila Marks •  
Lina Marks (*Randy Marks' mother*) • Barbara Nelson •  
Leslie F. Nickerson (*Frank Nickerson's father and Amelia Nickerson's grandfather*) •  
Randell Prothro • Arnold Taylor •



### *THOSE WHO HAVE DIED*

William Brewer (*Collot Guerard's husband*)



Vincent Alcazar (*Parishioner*)  
Clint Billings (*son of Kevin Billings and Mary Louise Wagner*)  
P. J. Boehm (*brother of Rachel Boehm*)  
Micheal Boone (*son of Edna Boone*)  
Stephen Dannenmaier (*brother and brother-in-law of Bill and Molly Dannenmaier*)  
Jason Earnest (*son of Erika Bugge, grandson of Paul Bugge and Lynda Smith-Bugge*)  
David Fuller (*son of Brock and Penny Hansen*)  
Dani Stearman (*niece of Bill and Molly Dannenmaier*)  
Weston Zarek (*son of Tom Zarek*)



### CYCLE OF PRAYER

IN THE DIocese of Washington:

St. Mary's Church  
St. Mary's Court  
St. Mary's Scholarship Committee

IN THE Anglican Communion:

PRAY for The Anglican Church of Southern Africa  
The Most Revd Dr Thabo Makgoba  
Archbishop of Capetown and Primate of Southern Africa



# ANNOUNCEMENTS

*Announcements, not to exceed 150 words, are to be submitted to [diana.church@stmarks.net](mailto:diana.church@stmarks.net) by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.*

**Official Parish Calendar online at: <http://www.stmarks.net/calendar/>**

## From the Office

1. **NEED SOMETHING UPDATED ON THE NEW WEBSITE?** Now that the new St. Mark's website is up and running, we are focusing on making sure all content is fresh, updated and accurate. If you are the leader of a group at St. Mark's and would like to see new or updated content in your area of the site, please contact Mike Townsend at [orangemike@verizon.net](mailto:orangemike@verizon.net). If your group or activity does not have a "home" on the new site, please let Mike know and he will work with you to be sure your information has a place in the site. The goal is to make all these updates between August 15-30, so that our site is at its very best as we head into the busy fall at St. Mark's, which is also a prime church-shopping season for visitors and newcomers.
2. **Help needed for data clean up!** St. Mark's is getting ready to move to a new membership database. Our current one is out of date and new technology can help us keep information current. However, we need to make sure our current records are accurate. Copies of the current directory will be available for you to check and correct with your current information at the table in the foyer. Please take a minute to stop by and update your information (even if you believe you've already given your information to the office).
3. **Pledge Statements:** Pledge statements were sent July 13th (via e-mail or through the mail if we do not have an e-mail address on file). If you have not received yours or wish to change your default from electronic to paper, please contact Patricia Schans. She can be reached by mailing a note to the church or by dropping a note in the clergy/staff drop box up on the 2nd floor outside the church offices (envelope optional), by calling 202-543-0053 x305, or through e-mail [patricia.schans@stmarks.net](mailto:patricia.schans@stmarks.net).

## From the Vestry & Parish Leadership

4. **2017 Canvass:** We're starting off the 2017 Canvass just as we did last year, by asking our faithful canvassers to call our members and Make Connections to find out how things are going and what concerns/suggestions folks may have. Last year, this feedback was relayed as appropriate to the clergy and parish leadership, who got great benefit from the better understanding of the state of our parish. If you have volunteered to be a canvasser, thank you so much! Otherwise, stand by to get your call -- and be ready to let us know how things are going for you. Questions? Send emails to Nora Howell at [stmarkscanvass@gmail.com](mailto:stmarkscanvass@gmail.com).
5. **The Junior Warden is away.** If you have a building issue, please contact any one of these Fabric members: Charlie Rupp, Kenn Allen, Jack Richards, Fritz Henn. For PMM issues, please contact Nora Howell.
6. **Invitation to Gardeners:** The garden along 3rd Street is awaiting a rain garden. There are purple and white balloon flowers that will be lost. If you would like these for your garden, please dig up at will. *If you'd like to help weed-whack, please contact Fritz Henn!*

## Worship

7. **Bread Rota Sign-up:** Thanks to all who have signed up for July and August and 2 in September. This is a reminder that for August and September we will be using the wine supply that has, for various reasons, grown too large to easily store. So please, continue to sign up for just the bread. Early next month we will add October. Keep an eye out. Sign up: <http://www.signupgenius.com/go/20f0949acac29a6fe3-bread>
8. **MARK YOUR CALENDARS (the sometimes) 10:00 am Morning Services:** On the rare occasion that we only have the 10am and 5pm service we wanted to make sure that you had the dates. Here they are.
  - September 11 - Kickoff Sunday and All Parish Picnic
  - October 2 - Earth Mass & Blessing of the Pets

## Music & Arts

9. **Yoga Nidra (Deep Relaxation)** Sunday 8/21, 6 - 7:30pm, Dance Studio. One of the deepest contemplative practices, guided by St. Mark's Yoga Center's highly experienced teacher, Pamela. Blankets/mats available, but you may wish to bring additional pillows or comforter. \$15 drop in, class pass or come for Hatha at 4:30 and stay for Yoga Nidra for free.
10. **Love Your Heart Yoga** Sunday 9/11, 2 - 4pm, Dance Studio. Experience the therapeutic benefits of Yoga in addressing issues of the heart, to include heart disease and high blood pressure and loneliness and depression. No experience in Yoga necessary. See flier in foyer. \$30 advance, or \$40 door.
11. **DANCE STUDIO FALL REGISTRATION IN THE DANCE STUDIO.** Friday September 9, 2016 from 3:00 pm - 6:00 pm and Saturday September 10, 2016 from 9:00 am - 12 noon. Classes for all ages...Dance, Pilates, Mat Exercise with weights, Exercise in a chair with weights.
12. **Cultivate your hamming instincts!** St. Mark's Players are holding auditions for their autumn production, "Peter and the Starcatcher" in Baxter Hall from 6:30 pm to 11 pm on the following days: Sunday, August 14; Monday, August 15; and Tuesday, August 16. You can help put the St. Mark's presence back into the St. Mark's Players.
13. **MUSIC LESSONS.** The St. Mark's Music Studio offers voice lessons with Kellie McHugh ([kellie.mchugh.81@gmail.com](mailto:kellie.mchugh.81@gmail.com)) and Adam Caughey ([adamcaughey@gmail.com](mailto:adamcaughey@gmail.com)) and piano lessons with Jeff Kempeskie ([jeff.kempeskie@stmarks.net](mailto:jeff.kempeskie@stmarks.net)). Students of all ages and levels of experience are welcome
14. **DO YOU LIKE TO SING OR PLAY AN INSTRUMENT?** If so, we want to know! Singers of all voice parts are needed in the Chancel Choir (regular Thursday 7:30-9:30 pm rehearsals in the nave resume Sep. 1). Teens are invited to sing with the Teen Choir and children are invited to sing with the Boys & Girls Choir (both rehearse Sundays, 11-11:45 in the Music Studio & Elders' Room, respectively, starting Sep. 10). No prior experience necessary. There are also opportunities to play solo instrumental pieces year-round. Please contact [jeff.kempeskie@stmarks.net](mailto:jeff.kempeskie@stmarks.net).

## Outreach

15. **CHURCH OF THE BRETHREN SOUP KITCHEN VOLUNTEERS NEEDED:** The Washington City Church of the Brethren (COB), located at the corner of N. Carolina Avenue and 4<sup>th</sup> Street, SE, needs volunteers to assist with their soup kitchen operations, which functions weekly on Monday, Tuesday, Thursday and Friday, from 11:30 a.m. to 1:30 P.M. Volunteers provide assistance with food preparation, service, and clean up, from 10:00 a.m. to 2:30 P.M. Volunteers may opt for the entire process or choose a specific activity (prepping, serving or clean-up). Interested persons must complete a volunteer application, available online at [www.washingtoncitycob.org/bnp](http://www.washingtoncitycob.org/bnp). Questions may be referred to Carolyn Nestman, Food Ministries Coordinator at COB or call the church office at 202 547-5924. Questions may also be referred to Jack Richards, St. Mark's Soup Kitchen Team. (703) 751-1456.
16. **Salvation Army Grate Patrol** – Our next Sunday is August 28<sup>th</sup>. Please join us in the Parish Hall after the 10:00 sermon seminar to make 200 bagged meals for the Salvation Army's Grate Patrol van to distribute Sunday evening. Future Sundays for your planning purposes are 9/25 and 10/23.
17. **Sip & Savor with CHGM at Eastern Market on Saturday, August 27th, 7-10 p.m.!** Capitol Hill Group Ministry (CHGM) will hold its inaugural Sip & Savor event the evening of Saturday, August 27th at the historic Eastern Market's North Hall. Sip & Savor will be a lively celebration of local craft beer, food, and music--all in support of our homeless neighbors. Sip & Savor will replace our annual golf tournament as CHGM's major event fundraiser. We are excited to be able to include more of our community and to bring our major special event home to the Hill! Join us for unlimited food samples and beer tastings from many of the Capitol Hill area's best restaurants and breweries while you enjoy music performed by local artists and bid on fabulous silent auction prizes. For more information and to purchase tickets and sponsorships, visit <http://sipandsavor.chgm.net>. We'll see you there!
18. **Refugee Resettlement: What's happening?** Five St. Mark's parishioners and representatives from other Capitol Hill churches attended a meeting with Lutheran Social Services to discuss plans to welcome a family from Syria, Iraq or Afghanistan to the US. Lutheran Church of the Reformation has made the commitment and is taking the lead for the Capitol Hill faith network to prepare. At St. Mark's, we have had conversations about the refugee crisis for a number of months and now we have an opportunity for partnership with the Lutherans, Presbyterians and other members of the Capitol Hill community. This is a global crisis and lending our support is consistent with our faith values. A family may arrive very soon, and help is urgently needed in the following areas:
  - Employment
  - Finance
  - Food and Clothing
  - Housing and Furnishings
  - Transportation
  - Welcome

Please contact Karen Getman [karen.getman@gmail.com](mailto:karen.getman@gmail.com), Mandy Paust [paustak@gmails.com](mailto:paustak@gmails.com), or Maureen Shea [mtshea@aol.com](mailto:mtshea@aol.com) if you find an area of interest and we will contact you.

19. **Monday, August 22 is Family Night with our friends at Capitol Hill Group Ministry.** Family Night is a great (and fun) opportunity to deepen relationships with CHGM client families and staff in this important outreach to the community. Please join us for dinner, distribution of brand new school backpacks and singing in Baxter Hall, from 6 to 8 pm. Want to help? Here are three ways:
  - Bring a side dish for the dinner. Please be in touch with Marlan Green, ([marlangreen@gmail.com](mailto:marlangreen@gmail.com)) or 202-486-9624, to determine what to bring.
  - Contribute to backpack fund, contact Lisa Ramish, [lisa.ramish@gmail.com](mailto:lisa.ramish@gmail.com) or 202-315-6106.
  - Help host our guests, contact Stephanie Deutsch at [scd@his.com](mailto:scd@his.com) or 202-547-8624.

20. **VOLUNTEERS NEEDED FOR SUNDAY SUPPERS:** Sunday Suppers is a local, non-profit that serves the homeless meals at two D.C. locations every Sunday night. Volunteers serve a hot meal and exchange conversation and fellowship in sit-down, table situations with people living on the street. There are no pre-requisites to volunteer; timing and length of your participation on any Sunday night is flexible. Join the group at 6:00 P.M. at 4<sup>th</sup> and K Streets, NW or at 11<sup>th</sup> and N Streets NW at 7:30 P.M. (concludes by 8:30 P.M.). For more information visit the website at <http://www.sundaysuppers.org> or speak with Jack Richards or Alix Pereira.
21. **VOLUNTEER TO PROVIDE LUNCH TO CHGM's MONDAY PARENTING CLASS THIS FALL.** Sign up to deliver 10 simple sandwich and fruit lunches for Capitol Hill Group Ministry's clients who participate in this class led by CHGM's mental health wellness coordinator. You would deliver the lunches between 8 and 11 to Shirley's Place at 1338 G ST SE. These lunches provide the catalyst for building trust needed for clients to open up to addressing hard issues. More information and signup for the Fall series is at <http://tinyurl.com/CHGMLunches>. Contact Susan Sedgewick ([jssedgewick@gmail.com](mailto:jssedgewick@gmail.com)) if you have question and/or need help in participating in this ministry .
22. **Toiletries and Dried Foods Needed for Samaritan Ministry.** The Samaritan Ministry currently has a sufficient supply of canned food but still needs pasta, cereal, Rice-a-Roni, and other dried food products as well as full-size toiletries for both men and women. Small, easily portable juice cartons are also needed. For questions, contact Ellen Frost, [ellefrost@earthlink.net](mailto:ellefrost@earthlink.net).

### Parish Life

23. **COME HEAR LOU BAYARD ON OCT 1 TALK ABOUT HIS NEW NOVEL, *LUCKY STRIKES!* "The 14-Year-Old Girl in All of Us: A Middle Ager Becomes a Young Adult"** All are welcome. Bring an appetizer or main dish to serve 8 at the Potluck luncheon sponsored by the Third Agers. Dessert and setups for coffee and tea will be provided. Start time in Baxter Hall is 11am. RSVP to [stmarks-thirdagers@gmail.com](mailto:stmarks-thirdagers@gmail.com) or Barbara Harvey at [bsh33@cornell.edu](mailto:bsh33@cornell.edu). Questions?? Ask Don Gangloff, Barbara Harvey or Susan Sedgewick, Third Agers Coordinators.
24. **Service for William Brewer:** A service celebrating the life of William "Bill" Brewer, husband of Collot Guerard, will be held at Christ Church, Owensboro, MD, on August 19 at 11:00 am. Please note that the church is small, and seating may be limited. For more information, please contact Lil Taylor at 202-547-7962.
25. **Mark Your Calendar** for St. Mark's Halloween Costume Dance on evening of Friday, October 28. All are welcome, including children of all ages! Plan your costume now. Details forthcoming.
26. **TODAY! 95<sup>TH</sup> BIRTHDAY CELEBRATION FOR LILLY MARCH.** Our sister Lilly March will celebrate her 95<sup>th</sup> birthday on August 9<sup>th</sup> and we are hosting a parish lunch following the 11:15 service on August 14<sup>th</sup> for us to celebrate with her. If you'd like to provide a salad, bread, fruit, or dessert, please contact Raifrod Gaffney at [rgaffneydc@gmail.com](mailto:rgaffneydc@gmail.com) or 202-460-5415.
27. **The Winged Lion Review September Issue - Call for Articles:** We need your articles now for the September issue of the WL Review! We welcome articles that may state your views on community issues, parish-related activities, opinion pieces, reflections on your own life, or perhaps a showcase for your creative talents - short stories, poems, graphic arts and photography are welcome. Submissions can be of any length, but as a general rule should be no more than 750 words. Please submit submissions to: [harhath@gmail.com](mailto:harhath@gmail.com) and [karen@karenfalk.net](mailto:karen@karenfalk.net). Deadline: August 15.

28. **READING GROUP** meets the first Monday of every month in the Dozier library downstairs opposite the nursery at 7:30 p.m. For September 5 we are reading *Souls in the Night* by Kent Haruf which is short enough to read in one sitting. For October 3 we will read *Between the World and Me* by Nehisi Coates. If you have read the book, please join us for the discussion. **Contact:** Linda Ewald ([llerbe@yahoo.com](mailto:llerbe@yahoo.com), 301 541-5133).
29. **LOOKING FOR HELP WITH HOUSEHOLD SERVICES?** Help David Durant help you. After Easter, St. Mark's replaced Green Maintenance with PMM as its janitorial services provider. GM laid off David Durant who had worked at SM for 7 years. Since then, David has actively sought permanent employment. Meanwhile, he has only been able to obtain sporadic work such as detailing cars, indoor carpet cleaning, raking yards, etc.). Except for these odd jobs, and contributions from a few parishioners, he has received no other financial support; his present situation is urgent. In her letter of recommendation, Michele described David as efficient, very diligent and hardworking with a passion for caring for the people of St. Mark's. To help him obtain part-time employment or to perform odd jobs for you or your neighbors, please contact Penny Farley ([p3farley@verizon.net](mailto:p3farley@verizon.net)), Pete Eveleth ([peter.eveleth@gmail.com](mailto:peter.eveleth@gmail.com)) or Nat White ([whitenat1938@gmail.com](mailto:whitenat1938@gmail.com)).
30. **CAREGIVERS SUPPORT GROUP** for those caring for seriously ill or otherwise incapacitated loved ones. Normally, this group meets two Sundays of each month. The group will meet next on Sunday, August 14 2016. **Contact:** Mary Welker ([marymwelker@aol.com](mailto:marymwelker@aol.com), 202-387-4083) or Pamela Blumgart ([pjblumgart@mail.com](mailto:pjblumgart@mail.com), 202-631-4936). **When:** SUNDAY, August 14, 1:30 pm. **Where:** Dozier Library.

### **Youth & Family Ministries**

31. **TODAY!! AUGUST SUMMER SUNDAY SCHOOL:** We have a special month planned for Sunday School in August! St. Mark's youth of all ages are encouraged to Join us today and next week in the Adams Room as we work on our own fun theatrical interpretation of the Good Samaritan story! Join us on the 7th as we create roles, the 14th as we design sets and costumes, the 21st as we rehearse, and the 28th as we perform for our friends and parents! Parents and parishioners: We still need volunteers to help us out on Sunday mornings! Email Caroline if you are available.
32. **TODAY! SERVICE OPPORTUNITY: CHGM FAMILY NIGHT:** St. Mark's is once again hosting the back to school Family Night for Capitol Hill Group Ministries' shelter families on Monday, August 22 in Baxter Hall. Just as the youth wrapped gifts for the Christmas Family Night, we are stepping up again to stuff back packs to be distributed at the dinner so that the kids are ready for school! Join us on **Sunday, August 14 at 11am in the Adams Room** to help us stuff the back packs with school supplies and again on **Monday, August 22** to help out at the dinner! This opportunity is open to youth and families of all ages! Email Caroline for more information.
33. **AUGUST 28 SERVICE TRIPS CELEBRATION:** ALL PARISHIONERS Join us in Baxter Hall after the 11:15am service on Sunday, August 28 for a special celebration of our High School and Middle School summer service trips! Come for a yummy lunch, hear the youth share about their experiences, and watch a picture video recapping each trip. This is a great way to support the youth program and to let us say thank you for making these summer trips a success!
34. **SEPTEMBER 11 PARISH PICNIC:** Join us for food, games, and fun activities after the service on Sunday, September 11! This is a lively back-to-school celebration to bring our parish together after summer break. **TEENS AND PARENTS:** We need your help! Email Caroline to volunteer.
35. **SEPTEMBER 18 FALL PARENTS MEETING:** Our annual Fall Information Meeting will take place at 10am in the Adams Room on September 18 (the first day of Sunday School). Parents and families of youth are encouraged to attend for a fall calendar, event information, and volunteer opportunities.

## THIS WEEK AT ST. MARK'S: AUGUST 11 TO AUGUST 21

### SUNDAY, AUGUST 14

9:00 am — 10:00 am	<b>Holy Eucharist Nave</b>
9:30 am — 11:30 am	Summer Sunday School <i>Adams Room &amp; Elders Room</i>
10:00 am — 11:00 am	<b>Sermon Seminar Nave</b>
11:15 am — 12:30 pm	<b>Holy Eucharist Nave</b>
12:30 pm — 2:30 pm	Green Lion's Meeting <i>Rectors Room</i>
1:30 pm — 2:30 pm	Caregivers Support Group <i>Dozier Library</i>
4:30 pm — 6:00 pm	Sunday Yoga—Sivananda Hatha <i>Craighill Dance Studio</i>
5:00 pm — 6:00 pm	<b>Contemplative Eucharist Nave</b>
6:30 pm — 11:00 pm	Auditions for St. Mark's Players' Fall Production <i>Baxter Hall</i>

### MONDAY, AUGUST 15

10:00 am — 10:45 am	Intro to Pilates <i>Craighill Dance Studio</i>
11:30 am — 12:15 pm	Intermediate Pilates <i>Craighill Dance Studio</i>
12:30 pm — 1:15 pm	Advanced/Beginner Pilates <i>Craighill Dance Studio</i>
6:00 pm — 7:30 pm	Monday Yoga Class—Sivananda Gentle <i>Craighill Dance Studio</i>
6:30 pm — 11:00 pm	Auditions for St. Mark's Players' Fall Production <i>Baxter Hall</i>
7:30 pm — 9:00 pm	SMMC Monday Meditation <i>Nave</i>

### TUESDAY, AUGUST 16

12:15 pm — 1:15 pm	Sivananda Hatha Yoga <i>Craighill Dance Studio</i>
3:30 pm — 4:30 pm	Staff Meeting <i>Abernathy Conference Room</i>
4:00 pm — 6:00 pm	Ballet Teen/Pre-Pointe <i>Craighill Dance Studio</i>
6:00 pm — 7:05 pm	Vinyasa Flow Yoga <i>Adams Room</i>
6:15 pm — 7:30 pm	Intermediate Ballet Adult <i>Craighill Dance Studio</i>
6:30 pm — 11:00 pm	Auditions for St. Mark's Players' Fall Production <i>Baxter Hall</i>
7:00 pm — 9:00 pm	Finance Committee <i>Rectors Room</i>
7:30 pm — 8:30 pm	Jazz Adult <i>Craighill Dance Studio</i>

### WEDNESDAY, AUGUST 17

11:30 am — 12:30 pm	Mat Exercise with Weights <i>Craighill Dance Studio</i>
4:00 pm — 6:00 pm	Ballet Teen/Pre-Pointe <i>Craighill Dance Studio</i>
6:00 pm — 7:05 pm	Wednesday Yoga Class—Sivananda Hatha <i>Adams Room</i>
6:30 pm — 7:30 pm	Adult Pointe <i>Craighill Dance Studio</i>
7:00 pm — 9:00 pm	Outreach Board Meeting <i>Penniman Room</i>



## THIS WEEK AT ST. MARK'S: AUGUST 11 TO AUGUST 21

### THURSDAY, AUGUST 18

12:00 pm — 12:30 pm	<b>Holy Eucharist Chapel</b> ( <i>in Nave</i> )
12:15 pm — 1:15 pm	Adult Beginner Dance <i>Craighill Dance Studio</i>
6:15 pm — 7:30 pm	Intermediate Ballet <i>Craighill Dance Studio</i>
6:30 pm — 8:00 pm	Thursday Yoga Class—Integral Hatha <i>Adams Room</i>
7:30 pm — 8:15 pm	Pilates Advance/Beginner <i>Craighill Dance Studio</i>

### FRIDAY, AUGUST 19

7:00 am — 8:00 am	Friday Yoga Class—Vinyasa Flow <i>Adams Room</i>
11:45 am — 12:30 pm	Chair Exercise with Weights <i>Craighill Dance Studio</i>
6:00 pm — 8:00 pm	Women's AA Meeting <i>Adams Room</i>

### SATURDAY, AUGUST 20

7:00 am — 8:00 am	Hatha/Vinyasa Yoga Class <i>Adams Room</i>
11:45 am — 12:30 pm	Adult Beginner Ballet <i>Craighill Dance Studio</i>
6:00 pm — 8:00 pm	AA Meeting <i>Adams Room</i>

### SUNDAY, AUGUST 21

9:00 am — 10:00 am	<b>Holy Eucharist Nave</b>
9:30 am — 11:30 am	Summer Sunday School <i>Adams Room</i>
10:00 am — 11:00 am	<b>Sermon Seminar Nave</b>
11:15 am — 12:30 pm	<b>Holy Eucharist Nave</b>
1:15 pm — 3:15 pm	Vestry Meeting <i>Elders Room</i>
4:30 pm — 6:00 pm	Soup Kitchen <i>Baxter Hall</i>
4:30 pm — 6:00 pm	Sunday Yoga—Sivananda Hatha <i>Craighill Dance Studio</i>
5:00 pm — 6:00 pm	<b>Contemplative Eucharist Nave</b>
6:00 pm — 7:30 pm	Yoga Nidra <i>Craighill Dance Studio</i>

**MOST CURRENT Calendar online at: <http://www.stmarks.net/calendar/>**

# ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

+

301 A STREET, SE  
WASHINGTON, DC 20003

202-543-0053 (PHONE)

202-546-3695 (FAX)

WWW.STMARKS.NET

## Office Directory

The Reverend Michele H. Morgan, Priest-in-Charge	michele.morgan@stmarks.net
The Reverend R. Justice ("Justi") Schunior, Associate Rector	justi.schunior@stmarks.net
Jeff Kempskie, Director of Music	jeff.kempskie@stmarks.net
Caroline McReynolds-Adams, Director of Youth & Family Ministries	caroline.mcreynoldsadams@stmarks.net
Diana Church, Parish Administrator for Programs and Facilities	diana.church@stmarks.net
Patricia Schans, Finance Manager	patricia.schans@stmarks.net
PMM, Maintenance Contractor	
Monica Robles, PMM Staff Onsite Contact	

*Adjunct Clergy:* The Reverends Susan Flanders, William Flanders

## The Vestry

Senior Warden	Peter Sherer	seniorwarden.saintmarks@gmail.com
Junior Warden	Doris Burton	stmarksjuniorwarden@gmail.com
Class of '17	Fritz Henn, Martha Huizenga, Stephen Dalzell	
Class of '18	Doug Jackson, Christina White, Karen Wiedemann	
Class of '19	Stephanie Deutsch, Thia Hamilton, Beth Mahood	
Officers	Andrew Stafford, <i>Treasurer</i>	
	Martha Huizenga, <i>Assistant Treasurer</i>	
	Mary Anderson Cooper, <i>Register</i>	
	Jack Burton, <i>Manciple</i>	
	Michael Knipe, <i>Counsel</i>	

## Diocesan Delegates

Jim Steed      Joe Tarantolo      Bill Dickinson

Sunday, August 14, 2016  
The Thirteenth Sunday after Pentecost



## Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

*Go in peace and return often!*

**After completing, please tear off this page and place in offering plate or give to greeter:**

*(please print)*

I attended:

- 9 am Holy Eucharist
- 10 am Sermon Seminar
- 11:15 am Holy Eucharist
- 5 pm Contemplative Eucharist
- Special (wedding, funeral, etc.)

Name \_\_\_\_\_

Email \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

I am interested in learning more about:

- Baptism (child, adult)
- Getting married at St. Mark's
- Music (choir, lessons)
- Children/youth classes & programs
- Adult classes
- Senior programs/activities
- Outreach/community service
- Environmental issues
- Yoga classes
- Dance classes
- St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson?

- Yes                       No